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the journal

OF ENVIRONMENT, PEOPLE AND ART

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Weed Killers

A grow-site cleanup reveals the disastrous environmental costs of outlaw marijuana

By Ryan Burns

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MAILBOX

PART 2 TIPS ON TRASH

EUREKA'S RECYCLE BINS
CAN HANDLE STUFF THAT
WON'T FIT IN YOUR TINY
TRASH CONTAINER.



CARTOON BY JOEL MIELKE

Towering Beauty

Editor:

The Blog Jammin' by Heidi Walters from Wednesday, Oct. 23 ("Human Intervention") had me thinking about a topic I have discussed with friends and acquaintances on occasion: What would it take to beautify the Eureka water tower with a mural or something?

The tower is a town landmark that can be seen far and wide. Wouldn't it be great if that landmark was something nice to look at? (The cooling-of-Eureka-tempers blue isn't terrible, but ...)

I'm not sure what the cost would be for something that size, but maybe we can use some redevelopment funds for it. I mean, uh ... right, maybe not.

Who can cajole Flatmo or Alex Fogg or some other creative, artful types into making some submissions on designs for this and help make this dream come true?

Drew Redden, Eureka

not completely immune to their powers of persuasion, as scientists have convinced us to spend billions to find out if there is water on Mars or if the moon is too dusty.

Scientists can persuade in any culture. They have convinced the people of India, who might have better things to with their money, that it is a good idea to send a spaceship to Mars in search of natural gas.

So if the Large Hadron Collider can teach us anything, it is that becoming a scientist is a good career option. You can persuade just about any country or prestigious educational institution to pay you handsomely while you are making up words like boson and quark and cranking out wildly imaginative theories about dark matter and strings.

As an additional bonus, you get to celebrate joyously in front of TV cameras when one of your million-dollar robots takes a picture.

GT Buckley, Eureka

A Better Idea

Editor:

Polite people in Guy Fawkes masks are complaining about how the government tramples our constitutional rights.

Well, I, too, am worried about the government taking too much power. The NSA surveillance and spying scandals alarm me. The drone program is a terrifying example of government overreach — judge, jury and firing squad rolled up into one remotely controlled machine. What kind of future are we creating?

So we should be allies. I should don a weird-looking mask and march with them. But it turns out that these are not my people. In fact, we don't even live in the same country.

In their country the government is

concerning the rights of mother earth

it's not the comforting heat
of the hot sheet metal
of the car door
under an arm propped
out the open window —
the panamints on the right —
speeding toward
stovepipe wells.

— a self-shattering dream. you
know what i mean.

the unease is palpable in the
weight we all carry.

our collective breath: where does it lead?

yellow eyes —
tongue lolling,
as they say —

a fish in the sea
pursued for his life
by a bird who will
fly beneath waves.

these naked clouds that cover the
trees.

now is a good time to love
bare rock — the skeleton.

the feather pressed in amber
confirms
we are real.

— Monte Merrick

constantly trying to take away their guns. What? Far from trying to take away everyone's guns, Congress can't even get it together to withhold assault rifles from dangerous people with histories of mental illness and violent crime. When these people go berserk and massacre children and their teachers, the NRA tells us that the only solution is for everyone to carry a gun.

Oh, what a lovely world.

The other huge problem the masked people have with the Constitution-trampling government is Obamacare. Hey, a lot of people are critical of Obamacare, and I'm skeptical about how it's going to work out, but ... ? It's democratically passed legislation modeled on Republican ideals for how to solve the unconscionable

continued on next page ►

health care situation in this country.

Don't like it? OK. When the next election comes, vote for whoever vows to repeal it — and has a better idea.

Obama is requesting a third term in office? Really? Did that little tidbit, by any chance, come from the same source that spread reality-resistant rumours about Obama being a Muslim from Kenya?

So much for the "age of information." So much for getting all your news from confirmyourprejudices.com. Surely, you can do better than that.

Martha Walden, Westhaven

Thanks, T

Kudos to the *Journal* and to Heidi Walters for her well-written and well-researched article about medical providers ("Come Hither, Dear Doc," Nov. 7).

Terence Marlow, Trinidad

Comment of the Week

"We are *Northern Exposure* meets *Weeds* with a dash of *The Godfather* filmed in a trailer park that is part of a Victorian Seaport with very bad traffic. I happen to like us ..."

— Goldiel, comment on cover story
"Come Hither, Dear Doc"

Correction

In last week's Field Notes Dr. Peter Higgs was incorrectly identified as Scottish. He is British. And, in the cover story, the photographer who took Dr. Rosa Rangel's picture was incorrectly identified; Esther Wu took the photo.

The *Journal* sincerely regrets the errors.

Write a letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com ●

Fired up

Gun owners gather to grouse about a slew of new laws

By Linda Stansberry

newsroom@northcoastjournal.com

Were one to judge by the first moments of last Wednesday's presentation on new firearm regulations, Humboldt County gun owners would appear to be an extraordinarily polite set of people.

Dozens of them, many wearing Mossy Oak camo, jammed into Pacific Outfitters in Eureka. Every folding chair was quickly filled so staff dragged ice chests out onto the floor as makeshift seating. Chairs were offered to older attendees, refused and then offered again. Backs were slapped and hands shook as old friends caught up. Then, as Sam Paredes, executive director of Gun Owners of California, ascended the stairwell and cleared his throat, the crowd fell into a respectful hush.

"I want to depress you," Paredes began. "I want to make you feel like the world is ending. Because it is."

Paredes is the picture of a firearms enthusiast. Stocky, middle-aged, with close-cropped hair, he sports hearing aids and loose-fitting clothing which (he coyly alludes) may or may not conceal his own holstered gun. When his phone went off mid-presentation, the ringtone was the sound of a rapid-fire automatic weapon, what he calls "the most beautiful sound in the world." He peppered his speech with biblical references.

"Jerry Brown — Governor Moonbeam — he's unlike that wise king Solomon because he just chopped the baby in half and gave us each a bloody piece," he said.

Paredes was referring to recent gun legislation signed by the governor, in particular AB 231 and AB 500, which take effect in early 2014. AB 231 requires gun owners to lock their guns away from

where children can access them; AB 500 requires gun owners living with someone prohibited from owning a gun — such as a mentally ill person or someone with a criminal record — to likewise lock up their guns.

"They're requiring you, the law abiding citizen, to lock up your guns in your own homes!" said Paredes. "When you're asleep in your bed and a criminal is coming through the window, you'll have to go and get it out of the safe!"

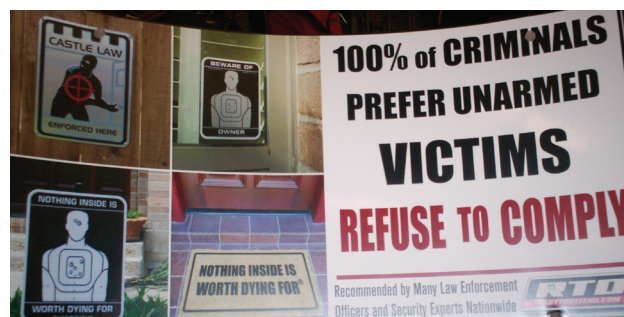
Paredes complained that the "knuckleheads" in the legislature have responded to school shootings by limiting Second Amendment rights. That's when an elderly man in the front row, wearing a cable-knit

sweater and thick glasses, murmured audibly, "This is bullshit," scraped back his chair and went to complain to the employees at the

counter that "all he's trying to do is get us to sign up for a fucking association."

Paredes, unfazed, carried on. He lambasted the legislature's "campaign against semi-automatic weapons." What, he asked, would they have a defenseless woman do when a gang of men descended on her home to "do evil things?" A small handgun with five rounds couldn't possibly be sufficient against the onslaught, he said. Take that incident in Georgia: A woman, home alone with her two children, calls her husband in a panic, saying a man with a crowbar has broken into their home. The resourceful husband calls 911 then instructs his wife to do as they'd rehearsed. She empties five rounds into the burglar.

"Now what," said Paredes, pausing dramatically, "would she have done if there were two burglars?"



SOME OF THE LITERATURE ON DISPLAY AT THE GUN-LAW MEETING IN EUREKA. PHOTO BY LINDA STANSBERRY

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"She woulda had to use less bullets," piped a voice from the audience.

Also beginning in 2014, all newly purchased long guns will have to be registered (AB 809). Paredes warned that "registration is the first step in confiscation."

And, under newly signed AB 711, by 2019, the use of lead ammunition in hunting will be banned in California, with lawmakers citing harm to wildlife from lead poisoning. Paredes told the audience that lead bullets do not poison condors or other wildlife, referring to the "veterans we have coming back from the front with lead in their bodies, none of which have died from lead poisoning."

Studies contradict his assertions. One, published in the journal *Environmental Science and Technology* in 2006, first confirmed the link between lead bullets and lead poisoning in California condors, a species that was pulled back from the brink of extinction through captive breeding programs. The Yurok Tribe has a campaign to return the condor, a sacred animal intrinsic to tribal ceremonies, to the tribe's ancestral lands. However, Michael Palermo, wildlife biologist for the Yurok Tribe, says the tribe has no official stance on any state legislation, including AB 711. Instead the tribe seeks to promote voluntary use of non-lead ammunition and has a current exchange program where hunters can trade one box per caliber of lead ammo for premium quality copper or steel alternatives. As recently as September, the tribe held an ammo exchange at the Sequoia Park Zoo.

When Paredes moved on to the subject of concealed carry permits, the discussion devolved into Dianne Feinstein bashing.

One attendee recalled a time in the 1980s when Feinstein, as mayor, banned handguns in the city of San Francisco. He and his fellow truck drivers, responsible for "half a million dollars-worth of fish," began carrying sawed-off Mossberg shotguns, which they dubbed "Feinstein specials." He chuckled as he recalled brandishing the guns at prostitutes who knocked on the cab of his truck.

"I'm going to get your name after this," said Paredes. "That's a story I want to tell."

He ended the presentation with a call to arms, encouraging attendees to donate to the National Rifle Association and to Gun Owners of California. Both organizations are pushing hard for recalls of politicians who passed gun legislation.

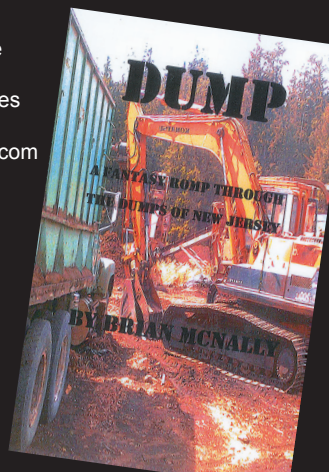
Afterward, the gun owners surrounded Paredes, asking questions. Then, with more backslaps and handshakes, they dispersed into the cold, dark night. ●

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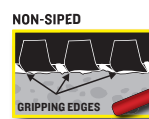
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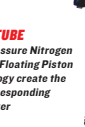


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THE WEEK IN WEED

Smoke Organic

By Ryan Burns

ryanburns@northcoastjournal.com

This week's cover story goes digging around in the contaminated dirt of a trespass marijuana grow site deep in the Trinity National Forest. Last August, law enforcement confiscated more than 5,000 plants at the site, which was likely maintained by five or six men. Only one was arrested — a 21-year-old Mexican man who's already been deported once.

It's widely assumed that when Mexicans get arrested at a pot grow, they must be members of a drug cartel. That assumption is often wrong. As with every other crop grown and harvested in California, you can't identify where the profits go based on the ethnicity of the laborers in the fields.

According to Bruce Hilbach-Barger, one of the volunteers who helped organize last week's cleanup, many of the men tending local grows are exploited migrant workers, men who get picked up at the border — or maybe a Home Depot parking lot — and told that if they come do "agricultural work" for a year, their families back home will get paid \$10,000 up front. After a year's work the workers may get paid another \$15,000. In the meantime, they're captive. They can't leave in search of a better gig because a) they're in the middle of nowhere, and b) their employers know where their families live.

And laborers aren't the only victims of exploitation in this system. Our public lands are being dammed, graded and sprinkled with poisonous chemicals.

On both fronts, marijuana's quasi-legal status actively promotes exploitation. The threat of arrest and asset forfeiture drives grows onto remote public lands, where there are no assets (beyond the crops) to be seized, and where the ultimate profiteers may rarely step foot.

Obviously, law enforcement busts haven't slowed the "green rush." Destructive outlaw grows won't go away until marijuana is fully legalized and regulated. But in the meantime, local tokers can at least make sure we're not contributing to the problem. How? By doing what we do with food: Find out where it comes from,

who's growing it and how. Support environmentally responsible growers. They do exist.

If consumers can convince Wal-Mart to carry organic produce, maybe we can have a positive impact on marijuana production, too.

More news nuggets:

- Here's a great pot-consumer resource: Next Tuesday from 5:30 to 7 p.m. in the Native Forum of HSU's BSS building, a master plant chemist named Jeffrey Raber, Ph.D., will provide a chemical analysis of cannabis. The talk, part of the second annual speaker series presented by the Humboldt Institute for Interdisciplinary Marijuana Research, will explore methods of testing for contamination and examine the potential for inhaling pesticides, among other topics. Sounds fascinating.
- Last Tuesday, Colorado voters approved a measure that will impose taxes on recreational weed — a wholesale excise tax of 15 percent and a retail sales tax of 10 percent, which the state legislature can choose to raise to 15 percent. The measure passed with 65 percent of the vote despite an opposition campaign led by a marijuana attorney named Rod Corry, who tried to sway voters by giving away \$1,000-worth of joints at rallies.
- Doesn't it seem like U.S. attorneys in California have cracked down on the best, most law-abiding medical marijuana dispensaries? (Remember Northstone Organics?) Turns out that's true. According to emails obtained in a multimillion-dollar SoCal forfeiture case, California's four U.S. attorneys, including our region's harasser extraordinaire Melinda Haag, deliberately ignored the Obama administration's directions to honor the will of state voters. One California-based U.S. attorney boasted in an internal email, "we are enforcing Federal law in this district and ... all stores in our jurisdiction will be shut down." The story was reported on *San Francisco Chronicle* pot blog "Smell the Truth." ●

BLOG JAMMIN'



THE NEW DAY CENTER FOR THE HOMELESS.
PHOTO BY HEIDI WALTERS

COMMUNITY / BY HEIDI WALTERS /
TUESDAY, NOV. 12 AT 12:31 P.M.

Chinn's Open House

It's crisp, it's clean and it smells like fresh lilies in here — and there they are, two big bunches of loveliness sitting on tables inside the spacious main room of the new Betty Kwan Chinn Day Center on the corner of Seventh and C streets in Eureka. A bank of computers lines a back wall. In the adjoining "hire attire" room, a rack of clothes (men's and women's), purses and black shoes await newly work- and interview-etiquette-armed wearers. From somewhere in a back room emanates a cheerful mix of music, shouts and construction sounds.

The center, which had its grand-opening ribbon cutting last Saturday, isn't quite finished. But it will be ready to deliver some services on its official opening date, Nov. 18, said the center's program manager, Mark Amacher, this morning. Amacher was in his office, attending to paperwork and recovering from the intense, busy past days leading up to the grand opening. He said the services that will be available at first include mail (clients can use the center's address to send and receive mail), phone use, computer lab access and light case management. By December, he said, more services should be available, including the "hire attire" program, a children's program and mobile medical services from Open Door Community Health Centers.

Amacher said Chinn, he and others have been going into the homeless camps to tell people about the new day center.

"It's all been positive," Amacher said. "Everyone's really excited to have a place and gain services."

There's an open house this Saturday, Nov. 16, for everyone to check out the center, which is a project of the Betty Kwan Chinn Homeless Foundation and

Catholic Charities of Santa Rosa. It's from 10 a.m. to 4 p.m.

GOVERNMENT / BY RYAN BURNS /
MONDAY, NOV. 11 AT 4:50 P.M.

Weird Non-Apology

Eureka City Council will promise to never again do something that it won't admit to having done in the first place. As it's phrased in the agenda, the council is scheduled to adopt a resolution "of unconditional commitment to cease, desist, and not repeat past action that is alleged to have violated the Brown Act."

This grammatically dubious promise stems from a very strange July 16 meeting of the Mayors City Select Committee of the North Coast Railroad Authority. At said meeting, Eureka City Councilmember Mike Newman, acting as mayor pro tem, voted with the majority to boot rail pragmatist Alex Stillman from the NCRA board and replace her with choo-choo fantasist Fortuna Mayor Doug Strehl.

During the meeting and in subsequent interviews, Newman said the Eureka City Council had discussed the issue and guided his vote. Specifically he said, "Our council was in discussion, and we were behind the appointment of Doug Strehl ... [T]he majority of the council was in agreement with, um, having Doug."

Trouble is, there was no public discussion of the matter at any public meetings of the Eureka City Council. (California's Brown Act states that public business must be done in public.) Asked later for an explanation, Newman changed his story, then changed it again — first saying that Jager had spoken to each councilmember individually and then, after being reminded that that, too, would violate the Brown Act, saying Jager, who'd previously voted for Stillman, simply changed his mind and

continued on next page ►

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Officer Wayne Rahang and K9 Endy

sent Newman in his stead to save face. Fellow Councilmember Linda Atkins even speculated that the council may have violated the Brown Act.

Regardless, tomorrow night, the council will promise to never again do whatever anyone might think it did to violate the Brown Act. The resolution comes in response to a legal claim filed by Eureka resident Dale Preston, and according to the *Times-Standard*, the linguistic dodge will "allow the council to avoid litigation without admitting wrongdoing."

Neat trick.

BUSINESS / ECONOMY BY RYAN BURNS
MONDAY, NOV. 11 AT 2:50 P.M.

Co-op Picket

The clash between North Coast Co-op management and unionized employees continues. A press release from United Food and Commercial Workers Union Local 5 says there'll be a rally and picket at the North Coast Co-op's board of directors meeting this Thursday, Nov. 14, from 5:30 to 6:30 p.m. at the Arcata Community Kitchen to "highlight the Co-op's use of union busting law firm Jackson-Lewis and their proposal to freeze wages, extend wage scales, eliminate Sunday and night crew premiums, and to shift the cost of healthcare onto the employees at a time when they are more profitable and efficient than ever before."

BUSINESS / ECONOMY / GOVERNMENT
BY RYAN BURNS / MONDAY, NOV. 11
AT 1:06 P.M.

Billboard Big Words

Looks like the company that owns all those billboards between Arcata and Eureka just recently found out that the Coastal Commission wants them all torn down. Its response? "You can't make us!"

That's a rough translation of the comically wordy lawyer-speak contained in a letter from attorney Anthony M. Leones of Miller Starr Regalia on behalf of CBS Outdoor Inc., owners of the billboards. What Leones actually wrote was, "The illegalities that inhere to these proposed actions are of a constitutional size." (Jeepers!)

In plain English, the deal is this: Back in September, the California Coastal Commission approved Caltrans' plans for a safety-improvement project on the 101 corridor between Arcata and Eureka, but it also tacked on some conditions. Among them: Caltrans must get all the billboards along that stretch taken down, "to the

maximum extent feasible," as a way to counterbalance the ugliness of a new underpass at the Indianola Blvd. intersection. (Billboard removal is a goal locals have been trying to attain for years.)

CBS Outdoor Inc. says through its lawyers that the condition is illegal because:

- a) removing the billboards isn't necessary to complete the project, so it doesn't qualify under the rules of eminent domain
- b) Caltrans' proposed underpass will be less than a mile long, so it doesn't make sense to remove billboards along the corridor's entire length, and
- c) the state's Outdoor Advertising Act says no one can remove a billboard that was legally erected "without payment of just compensation"

Plus, the verbose lawyer argues, the Coastal Commission should have told CBS Outdoor Inc. about this whole thing sooner. In closing, the letter "respectfully requests" that the commission "rescind any actions it previously has taken with regard to the removal of billboards, and modify the current proposal to limit the scope of such removal in a manner that satisfies all applicable law."

COMMUNITY / BY JENNIFER SAVAGE /
SUNDAY, NOV. 10 AT 10:27 A.M.

Eureka's 'Awesome'

Aw, this is pretty sweet. For those of you down on E-town, another piece of evidence that believers in #EurekaRising are winning: The HuffPo lists Eureka as one of the top 20 towns that soul-seeking 20-somethings must visit before they die turn 30.

Those old favorite cities are boring! The thrifty (because they have to be), adventurous (freedom's just another word) and weaned-on-microbeers millennials want art, beauty, good food and intriguing culture.

And, oh yeah, pot. Here's the Eureka summary:

The Daily Beast named Eureka the best pot-smoking city in the country, so that's cool. Sitting on the shore of Humboldt Bay, California's largest bay north of San Francisco, the city has also been named one of the best small arts towns in the country. There's also a historic Old Town, a variety of annual cultural festivals and some really awesome Victorian architecture.

COMMUNITY / BY JENNIFER FUMIKO CAHILL / FRIDAY, NOV. 8 AT 4:45 P.M.

Koopman Let Go

Jennifer Koopman, who's been at the helm of Arcata Main Street under a shrunken three-person board, was let go on Friday with two months severance pay. According to Board President and Interim CEO David Neyra, Koopman has "worked hard and done a lot of positive things for Main Street," but he also stated that, "If we're going to restructure and make it new, we have to change the face of Arcata Main Street."

Neyra, who owns Humboldt Outfitters on the plaza, said he stood in a circle of local merchants on Tuesday night and "took a beating" listening to complaints and concerns about the organization having a "hidden agenda." He also said that communication problems regarding the fence around the Oyster Festival were "the straw that broke the camel's back," alienating businesses. At an Arcata City Council meeting earlier this week, Arcata Main Street officially declared that the fence would not be coming back to the plaza next year.

Neyra said the board's main goal in restructuring — which includes a new work plan for the year, possible cost-cutting and a replacement for Koopman, among other things — is to earn back the trust of local merchants and focus on the "economic, social, cultural and environmental well-being of downtown."

Jennifer Koopman could not be reached for comment.

Update: On Nov. 9, Arcata Main Street Board Member Travis Turner emailed a letter of resignation to Neyra and others, in which he alleged misdeeds and said he was looking into the legality of the board's actions. Turner said, in part: "I feel that you and your company profiting from the Oyster Festival creates a sizable conflict of interest. ... I feel that Jennifer Koopman has unfairly taken the fall for actions decided on by the AMS board of directors, not by Ms. Koopman."

Turner also complained in the letter (which you can read on our website) that he was not contacted nor allowed to vote on Koopman's dismissal.

Over the phone, Neyra responded to Turner's resignation and accusations: "It's unfortunate. We would have liked to have had his feedback on the board." Neyra said Turner had been unavailable for the vote, so the board went ahead with it

because it "needed to move forward."

ELECTIONS / BY JENNIFER FUMIKO CAHILL
/ WEDNESDAY, NOV. 6 AT 10:52 A.M.

Who Won?

The big winner in yesterday's election appears to have been the sofa, since voter turnout was at 19.74 percent. Another victor was Measure K, which got an 85.16 percent yes vote to expand the Fieldbrook firehouse, a project that is already underway. If you build it, they will vote. Here are the other winners.

Bridgeville Elementary School District Governing Board Members: Amber Woodworth, Curtis Cross and Nicholas N. Entsminger

Eureka City Schools, Trustee Area 1, Governing Board Member: Lisa Ollivier
Ferndale Unified School District, Governing Board Members: Stephanie Koch, Jerry Hansen and Ken Richardson

McKinleyville Union School District, Governing Board Members: Tim Hooven, Mary McCarthy and John McCarthy
Northern Humboldt Union High School District, Governing Board Members: Colleen Toste, Mike Pigg and Brian Lovell

Redwoods Community College, Trustee Area 2, Governing Board Member: Thomas R. Ross

Manila Community Services District, Governing Board Member (two-year term): Salena Kahle

Manila Community Services District, Governing Board Members (four-year term): John Woolley and Dendra Dengler
McKinleyville Community Services District, Governing Board Members: George A. Wheeler, David R. Couch and Dennis Mayo
Arcata Fire Protection District Director Division 1 (two-year term): Dennis Lindstrom

Arcata Fire Protection District Director Division 2: Linda Sundberg

GOVERNMENT / GRANT SCOTT-GOFORTH / TUESDAY, NOV. 5 AT 2:11 P.M.

Fennell Recovering

Second District Supervisor Estelle Fennell is coming out of the hospital today after a particularly nasty bout with E. coli.

In a statement, Fennell said she's one of five people in the county who came down with a "virulent E. coli strain" infection, which is not being considered an outbreak by Public Health because no common source of infection has been identified.

Fennell had an unexpected complication, leading to the long hospital stay. The *Times-Standard* reported last month that Fennell had been hospitalized since at least Oct. 15. ●



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Clendenen Cider Works legacy started with five acres of apple trees that were planted about the time Ernest Clendenen was born, in the late 1860's. Ernest and his wife May bought the orchard in 1908. The original apple orchard still has a few heavily fruited, gnarled standing members but most of the orchard has been replanted although the footprint of the acreage remains the same "The main road used to go right through downtown Fortuna," says Clif.

Clif and his son, Drew, are the current Clendenen decedents working the land and the orchard. Life in Fortuna here was very different 100 years ago. Clif says, "The apples were sold here and apples were also hauled overnight by horse and wagon up to Eureka then by steamship to San

Francisco."

"We have about 700 trees and 30 varieties of apples. A good blend of apples makes for better cider", says Clif. The Cider Works blend includes the original 1869 orchard's Minkler, Smith's Cider and Stark apples to maintain the unique quality of Clendenen cider.

"Apples trees are pollinated by bees rather than the wind (such as corn) so each season we bring in two crates of honey bees to pollinate the orchard." The trees are planted in north-south rows for greater sun exposure leading to better growth. As for pruning, some of the ensuing fingertip size apples are removed so that there are only a few of them on a branch rather than the natural grouping of four or five apples. Without pruning, as the young

apples gain size, they will literally push the other apples off their stem from the bunch and right off the tree.

Drew has worked in the orchard all his life. As a little boy he helped at pruning time, too, from dad's backpack clipping away with pruning shears in hand! And dad, Clif, still has both of his ears! Drew is following in the family footsteps most of the time but in the winter he is up in Bend as a member of the ski patrol.

Clendenen Cider Works delicious apples are available at all Murphy's Markets but the pure and unpasteurized true cider is sold only at Clendenen Cider Works in Fortuna where you can pick up a real handy old fashioned cranking apple peeler and some honey, too!

By Colleen Hole, Advertising, North Coast Journal

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A CREW OF VOLUNTEERS DESCENDS A HILL NEAR THE HUMBOLDT-TRINITY COUNTY BORDER WHILE ARMY NATIONAL GUARD SOLDIERS HELP COORDINATE.

Weed Killers

A grow-site cleanup reveals the disastrous environmental costs of outlaw marijuana

Story and photos by Ryan Burns

Last Wednesday morning, in a remote valley of the rugged Trinity Mountains, a couple dozen volunteers pulled their cars onto the dusty gravel road that dead-ends between the South Fork Trinity River and the Hyampom Airport. “Airport” may be too strong. It’s a landing strip, 1,250-feet high, in the middle of the Trinity National Forest. Hyampom itself is about as remote a community as you’ll find (or attempt to find) in the continental United States. Accessible only by twisty mountain roads, the isolated hamlet (pop. 241) contains little more than a general store, post office, K-8 school and two bars.

The volunteers — mostly from environmental groups, along with a couple of journalists — had come hundreds of miles, from Garberville, Arcata, Fresno and beyond, to help the U.S. Forest Service clean up a nearby marijuana grow site that had been busted and abandoned in August. They climbed out of their cars and stood blinking and stretching in the brisk November sunshine. After brief introductions, they consolidated into the sturdier, four-wheel-drive vehicles and caravanned to the nearby staging area, a wide spot on the southern river bar.

There they met up with employees of the U.S. Forest Service, the state Department of Fish & Wildlife, scientists, more

volunteers and reporters — and, off by themselves, a squadron of soldiers from the U.S. Army National Guard, who stood wide-legged and stone-faced in camouflage fatigues and utility vests, handguns holstered to their thighs. A hundred yards away, a helicopter sat perched on the rocky riverbed, its rounded windows glinting in the sun.

The day’s collaborative cleanup event was the product of an ongoing partnership between the Forest Service and the High Sierra Volunteer Trail Crew, a Fresno-based nonprofit dedicated to preserving and restoring public lands. The group’s former executive director, 57-year-old Shane Krogen, helped establish the partnership, which focuses on marijuana site cleanups, in 2005. Krogen was on a cleanup mission in September when, for reasons still being investigated, he fell out of a helicopter and dropped 50 feet to his death.

On the river bar, the group’s new executive director, Rick Fleming, and its volunteer coordinator, Bruce Hilbach-Barger, gathered the volunteers for a safety briefing. “The activity today is dangerous, physical and demanding,” Fleming said. Beware of wild animals, he added — this is black bear and mountain lion country. Also beware of booby traps set by growers. They’re *usually* aimed at animals — baited fishhooks, for example — but there was that time in the

Sierra when they found a shotgun hooked to a tripwire.

Also look out for blades and unsprung rat traps. Keep an eye out for marijuana drying lines, which are often strung at head-height. And don’t touch any unknown substance: It could be poison. An aluminum canister with a flag on it is probably Weevil-Cide. Other materials documented at the site include strychnine, rodenticide and an unknown pink substance repackaged in old bleach bottles. They suspect it’s carbofuran, an extremely toxic and systemic insecticide.

“It’s nasty stuff,” Hilbach-Barger said. Marketed under the name Furadan, carbofuran is banned in the U.S. on all crops grown for human consumption. It’s still sold (with a skull-and-crossbones label) in Mexico and imported across the border, though it’s manufactured domestically. A single grain will kill a bird. A quarter teaspoon can kill a black bear or a human. And it’s being used in marijuana production.

“Somebody’s smoking some incredibly bad stuff,” one volunteer quipped.

Like thousands of other grow sites hiding in the sensitive habitat of Northern California and beyond, this illicit, industrial-scale marijuana grow (law enforcement eradicated between 5,000 and 6,000 plants, putting it on the small side of average) was an environmental nightmare. The men who ran it dammed creeks, ran miles of water

line and siphoned out thousands of gallons to irrigate their crops. They cleared trails and built reservoirs, destabilizing steep hillsides. And they scattered tons of dry fertilizer, gallons of liquid concentrated fertilizer, mountains of trash and an array of poisonous chemicals into a habitat that’s home to a diverse range of wildlife, including the federally endangered northern spotted owl and the Pacific fisher, a member of the weasel family that’s a candidate for federal protection.

Forest Service officials figure the operation, which was on public land, employed five or six men, but just one was arrested, a 21-year-old Mexican immigrant named Andres Montes-Deoca who’s being held without bail on Immigration and Customs Enforcement hold, according to the Humboldt County Sheriff’s office.

In July, a dead fisher was found at a marijuana grow site near Willow Creek. A necropsy revealed that it died from internal hemorrhaging caused by Methomyl, a toxic insecticide that had been laced into a hot-dog and set out as bait.

As prohibition continues to fuel high profits and drive production into remote public lands (often exploiting cheap immigrant labor), scientists have just begun to study the environmental impacts of these industrial marijuana grow operations. As they examine the myriad routes that toxins



TRASH SCATTERED AT THE GROW SITE, INCLUDING SOIL, FERTILIZERS, FOOD PACKAGING AND MORE, HAD BEEN RANSACKED BY BEARS.

may take through the ecosystem, they've become increasingly concerned with what U.C. Davis researcher and local nonprofit leader Dr. Mourad Gabriel calls the "potential cascading of risk" — a creeping environmental catastrophe whose scope we may not fathom for years.

From the river bar, the reporters and multiagency cleanup crew (now more than 50 people), piled into the biggest of the big vehicles and caravanned another 20 minutes up a dirt road. In the harsh, late-morning sunbeams, the road dust billowed in front of the windshields, obscuring visibility on the mountain switchbacks. Up top, the trailhead was marked with an old tube TV lying face-down with bullet holes blown through its plastic casing.

Soldiers and volunteers, the latter wearing mandatory hard hats, long sleeves and work gloves, scabbled over a line of up-rooted tree stumps and continued down a side-slope path into the forest. Before long, they started seeing trash — empty fertilizer bags, aluminum cans, Styrofoam soup cups. Farther along, more trash: an empty jug of Ortho's Bug-Geta Plus, liquor bottles, ammonium sulfate bags, egg cartons, bleach bottles, tuna cans. An entire outfit — black jeans, a striped green thermal and a down jacket — lay among the twigs

and pine cones, as if the man inside simply evaporated.

Another 50 yards down the path, the group came to the main campsite, where a rickety fort had been built out of tree branches and twine, with a brown plastic tarp roped to surrounding trees as a canopy. The leafy ground surrounding the fort was thick with garbage, which had clearly been ransacked by at least one bear. A researcher who had been to the site previously noted a Clorox bottle that had been half full of the mysterious pink substance. Now it was empty and riddled with what looked like bear-teeth holes.

The garbage revealed a lot about the day-to-day lives of the workers who lived here, from their diet (Maruchan instant noodles, orange Shasta, canned tomato sauce) to their routines (sleeping bags, propane tanks, a camp stove) to, most obviously, their jobs (stacks and stacks of plastic pots and trays, full bags of FoxFarm potting soil, backpack-style fertilizer sprayers, etc.).

Media representatives, including an NBC camera crew, *Mother Jones* writer Josh Harkinson and others, spent a few minutes snapping photos and conducting interviews with scientists and volunteers. And then it was time to work. The group divided into work crews of four to six people and split up, following trash trails deeper into the

continued on next page ►

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continued from previous page

woods and pulling out black PVC flex pipe, miles of which had been run from nearby creeks and streams and spread out among the site's five trail-connected grow areas.

One crew included Hilbach-Barger, a reflective-yet-tough older hippie-type with a frizzy white beard, along with a young freelance reporter for the *Trinity Journal*, Northcoast Environmental Center Executive Director Dan Ehresman and this reporter. We spent the next three hours traversing the mountainside, stuffing trash into giant orange bags, tearing down jerry-rigged check dams and dismantling the site's elaborate irrigation system.

Around 1 p.m. we came across a clearing where a black pipe lay in the dirt, flowing like a garden hose. We followed the pipe up a steep creek bed, ducking under tree limbs and struggling for footing on the leaf-strewn slopes. Finally we came to the source. The pipe was submerged in a small pool behind a log-and-mud check dam. At the end of the line, adhered with criss-crossed electrical tape, was a perforated tin can covered in a thin fabric, which sat gurgling and sputtering in the pool like a thirsty animal.

Hilbach-Barger and I pulled up a corner of the black plastic that lined the pool and pierced its pregnant belly with a shovel blade. We scooped out the sludge and, with considerable tugging and mud-suck pulling, managed to excavate the plastic sheet. After dismantling the dam, Hilbach-Barger stood up and breathed deep.

"We just liberated a stream," he said.

Like the other crews scattered across the mountain slope, we dragged and heaved our loads of trash to helicopter pickup sites. The plastic waterline we coiled into big hoops and secured with duct tape. We pulled huge plastic tarps from dug-out reservoirs and folded them into puffy rectangles. And we piled everything into giant nets, which National Guardsmen helped cinch up and hook to the 150-foot cable dangling from the thundering helicopter above.

The politics surrounding marijuana tend to complicate matters when it comes to studying the environmental impacts of illegal grow operations such as this one, according to Gabriel. A Blue Lake resident and president of the nonprofit Integral Ecology Research Center, Gabriel is also a senior wildlife ecologist and research scientist at U.C. Davis' School of Veterinary Medicine.

He's convinced that policymakers — and the public — need sound scientific data on the damage being done by this outlaw industry, but getting cooperation has been a challenge. His nonprofit has frequently been shot down for research grants, with most potential funders saying his chosen subject is more of a moral or ethical issue than an environmental one and should therefore be

addressed by political scientists.

"It took us about two years to convince people this is an environmental issue," Gabriel said.

Others, meanwhile, have accused him of "greenwashing" the data — that is, skewing results to meet a political agenda. "People say, 'Dr. Gabriel is a stooge for law enforcement,'" he said. That's part of the reason why Gabriel helped to organize last week's media/volunteer event, so people could see the impacts firsthand.

"There is a political discussion" to be had about marijuana, Gabriel said, "but there also needs to be an environmental discussion."

The more he looks into the potential impacts of these grows, the more ominous the situation seems. Not only are there direct effects of poison — like the lethal hotdog eaten by a fisher — but there's also secondary exposure to consider.

"For example, rat poison can stay in the soil," Gabriel said. "Insects can be exposed and have it sequestered in their tissue. No one has done experiments to see, if bird or snail eats that earthworm, will they be exposed? We already know that if a rodent consumed poison and a bobcat or fisher consumed the rodent, they will be exposed."

It took us about two years to convince people this is an environmental issue.

— Dr. Mourad Gabriel

The same transmission can occur with raptors eating carrion or, potentially, a human hunter who consumes the flesh of a poisoned bear, Gabriel said. He and his fellow researchers have just begun testing the muscles, liver and other tissues of game species found in remote grow sites to see if they've been exposed.

"That should be really alarming to folks, that we now have contamination in an area where we would have never expected these toxicants to be," Gabriel said.

Even more concerning than the sites that are found are those that aren't. Toxins are often stored in weather-resistant plastic containers, and it can take years for them to degrade or be found. In addition to the spotted owl and fisher, the local habitat is home to aquatic species such as steelhead trout, coho and Chinook salmon; avian species such as the pileated woodpecker and northern goshawk; amphibians such as the foothill yellow-legged frog and southern torrent salamander; as well as mammals such as the gray fox, black bear and mountain lion. And in addition to poison contamination, the ecosystem can be damaged through soil erosion, water diversion, fertilizers that spawn toxic algal blooms and more.

"We're trying to create this laundry list, but the more and more we talk to other experts, the laundry list just keeps on growing," Gabriel said.

On Friday, the U.S. Forest Service and Gabriel's Integral Ecology Research



LEFT TO RIGHT THE GROWERS' ABANDONED FORT WAS STREWN WITH GARBAGE; ONE OF THE FEW REMAINING POT PLANTS AT THE SITE; BRUCE HILBACH-BARGER OF THE HIGH SIERRA VOLUNTEER TRAIL CREW TRACKS A PVC WATER LINE UP A HILL; A STRAGGLY MARIJUANA PLANT CLINGS STUBBORNLY TO LIFE; VOLUNTEERS AND A NATIONAL GUARD SOLDIER CINCH UP A LOAD OF TRASH IN PREPARATION FOR A HELICOPTER PICK-UP.

Center released a synopsis of the environmental impacts at the Hyampom grow site: Roughly 8,000 pounds of trash was removed, along with 4,172 pounds of soluble fertilizer and 7 1/2 gallons of liquid fertilizer; 12 dams (average water diversion: 600 gallons) were deconstructed along with five reservoirs (average water diversion: 1,500 gallons); four natural springs that had been unearthed and tapped were restored; and at least eight types of toxicants were identified and removed.

"Then you think to yourself, they just cleaned up five sites in Hoopa that have the same type of impact," Gabriel said. "The Humboldt County Sheriff's Office just did [a cleanup at] Brush Mountain. They found the dead fisher at a site in Orleans. That's just a handful of what they could address in 2013, and that's only within the county I live in."

Toward the end of our cleanup day, as our crew waited for the helicopter pilot to come pick up our three big nets full of trash, Ehresman, of the Northcoast Environmental Center, peered into a nearby ravine and saw a blue tarp — part of a reservoir we hadn't yet seen, with water lines continuing down the hill to a separate grow site below. He and Hilbach-Barger hiked down and took it apart, but the grow down the hill would have to wait for another day, another cleanup crew.

As we hiked back up the hill in the late-afternoon sun, we found another reservoir that had been missed. Hilbach-Barger radioed up to the base: "We just found a two-

to-three-thousand-gallon reservoir. Should we dismantle?" We did, pulling out the big blue tarp, dismantling the walls branch by branch and hauling the pipes and trash back down to the pickup site. Farther up there was yet another overlooked reservoir — a big one, surrounded by trash — but by now it was getting late. The helicopter pilot was running out of time, much to the frustration of the soldiers, who openly mocked him for being overly cautious, failing to pick up nets because the clearing was too small or the load was off balance. Pathetic, the soldiers grumbled. Exhausted and running out of daylight, we left the structure behind, grabbed as much trash as we could and continued hiking.

Eventually we reached the site of the growers' camp, which had been completely torn down and cleaned up.

"Amazing," Hilbach-Barger said. "It looks like a forest again." He surveyed the bare, dusty ground and piles of discarded logs. "But it's got some recovery to do," he added.

On the phone a couple days later, Gabriel said his main concern is that this activity is happening on public lands. "That really has created a fire in me to start focusing on potential collaborations to try to address this and get as much data out there as possible. ... I cannot sit on my idle hands waiting to address this."

The hands building and maintaining these grow operations clearly won't remain idle either. Nor will the wildlife living among them. ●



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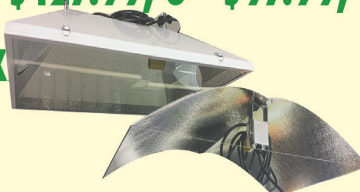
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November Gardening

The to-do list

LEAVE PLANTS LIKE SEDUM "AUTUMN JOY" FOR BIRDS. PHOTO BY GENEVIEVE SCHMIDT

By Genevieve Schmidt
downanddirty@northcoastjournal.com

Though that primal urge to get out in the garden isn't as strong now as it was in spring, November is one of the most active months in the garden, just because there's so much to prepare before the winter weather arrives. Pruning and cleanup, some judicious fertilizing and the start of bare-root season are just a few of the things to look forward to in November. Here are some of the most pressing tasks to tackle this month.

While it's still a little early to prune most trees and shrubs, Japanese maples bleed sap so easily in spring that it's actually better to prune them now. You can prune Japanese maples anytime after their leaves have dropped — the sooner the better.

Now is also the time to stabilize trees that might be damaged by winter winds. Remove any dead or broken branches now so they don't come crashing down, and consider thinning trees with brittle wood, such as sweetgum (*Liquidambar*), so wind can blow through them rather than whipping their canopies about like sails.

You can begin cutting back perennials such as *Hosta*, which dissolve into a mess of brown this time of year, but leave any plants with seed heads that birds may enjoy. Ornamental grasses, stonecrop (*Sedum* "Autumn Joy") and coneflower (*Echinacea*) are the usual suspects, having both sculptural interest and tasty seeds, but experiment with leaving different seed heads through the winter and see which plants are a hit.

As you cut back summer bulbs like *Dahlia* and *Gladiolus*, mark their spots with little flags or bamboo stakes so you don't slice into them in winter or spring. Unlike dormant perennials, they don't always leave a trace above ground.

Be extra vigilant about cleaning up under fruit trees and in vegetable gardens so pests and diseases don't overwinter. Avoid putting anything with a pest problem into

your compost; instead bag it up and bring it to the green waste dump where the hotter temps will kill off any ick.

Though it's getting a little late to plant anything from those dinky six-packs, you can still get in some winter color if you choose plants in 4-inch pots or larger. Primrose, *Paludosum* daisy, ornamental cabbage and kale, *Viola*, pansy, *Lobelia*, and *Cyclamen* are all sturdy growers this time of year.

With the holidays coming, I also like to pick up some *Amaryllis* or paperwhites. Indoor bulbs are one of those things that are so easy to succeed with that they make you feel like a horticultural rock star. And \$12.99 to feel like a horticultural rock star is a pretty small price to pay. Amiright?

If you're more into edibles, bare-root cane berries such as raspberries, blackberries and boysenberries are arriving at nurseries now. Yvonne over at Miller Farms raved about the "Triple Crown" variety of blackberry, which is named for its three crowning attributes: production, flavor, and vigor (if it was possible to use both bold and italics over the phone, she would have done so when describing the flavor — "sooooo good!"). Another variety to check out is the brand-new "Royalty Purple" raspberry, which is said to have tangy red fruit, which, if left on the cane, ripens even further to a sweet medium purple. I'm a sucker for anything either new or purple, so that one's a no-brainer for me!

If you're one of those uber-organized types that likes to think ahead, you can get ready for the rest of bare-root season by preparing your garden beds now for any bare-root trees, artichokes and such that you plan to buy. That way you don't have to haul compost around the garden once the rain makes everything wet and squishy.

Speaking of the rain, this is usually the month when we turn off irrigation systems and stop watering. That said, make sure you keep an eye on anything planted under a large overhang or on a covered porch. I don't know about you, but it pretty much

never occurs to me to pull out a hose when it's dumping down rain, which leads to terrible gardener-guilt when I notice something wilting.

If the leaves piling up on your lawn are threatening to smother it, instead of the usual rake-and-haul-away routine, consider just running over them a few times with the mower. Shredded leaves break down faster yet still allow light and air to penetrate, so you get all of the nutrient and soil-softening benefits without killing the grass.

For extra bonus points, apply winterizing fertilizer to your lawn to encourage strong roots and pest resistance — an organic lawn fertilizer like Gardner and Bloome works great. If your lawn is struggling or you have used a lot of chemical fertilizers in the past, do a quick pH test as well. If your pH is less than 6, apply granular or quick lime (like Super Sweet). Why lime? Many of our Humboldt soils are naturally more acidic than lawns like, and having the right pH “unlocks” the nutrients already in the soil so the lawn can actually use them.

This is also the time to fertilize Rhododendrons. Singing Tree Gardens in McKinleyville recommends using an organic acidifying fertilizer to ensure your Rhododendrons have a steady stream of nutrients through winter. Don Wallace, one of the owners, also shares a counterintuitive tip: dolomitic lime. Experts have found that Rhododendron leaves are primarily composed of magnesium, so treatment with dolomitic lime, which is calcium and magnesium carbonate, greens up the leaves. When using the recommended dose of 1 to 2 cups around the drip line of each Rhododendron, he says, the effect on pH is negligible.

My last tip is my favorite, though it's not actually my own. In her latest book *Succulents Simplified* (love it!), Debra Lee Baldwin profiles a project from garden designer Laura Eubanks in which you take a pumpkin with a concave top, remove the stem, use glue to attach dry sphagnum moss to the top, and glue succulent cuttings into the moss to make an elegant and colorful “planted” pumpkin. The succulents root through the glue right into the moss. She suggests using a huge “Cinderella” pumpkin for display next to your front door, or tiny pumpkins to use as table decor. Just don't let your chickens near them — succulents get the three-chortle seal of approval from my birds and usually disappear within moments. ●

Genevieve Schmidt is a landscape designer and owns a fine landscape maintenance company in Arcata. She blogs over at www.NorthCoastGardening.com.

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PHOTO BY SHANE MIZER

CELEBRATIONS

Elizabeth Nester runs and maintains two local food manufacturing businesses, the first being "Celebrations," which offers organic tamales and sauces that are sold at the Arcata Farmers Market and also available in the freezer section of local natural food stores. Her second business is "Redwood Organics" a certified organic specialty label that bottles her fabulous Thai Almond Sauce. Mild and spicy varieties are available in the produce section.



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TABLE TALK

Bakers, Mustard Makers Break Free

Cottage food bill opens up sales from home kitchens

By J. Daniel Fernandez

tabletalk@northcoastjournal.com

When Mary Ann Hytken needed surgery two years ago, she began asking herself bigger questions. "The surgery gave me time to think about what I really wanted to do," says Hytken, a former junior high English teacher. Faced with her own mortality, her mind turned to an unlikely source of inspiration: banana bread.

Or, more precisely, what banana bread evoked about her mother, Betty, a musician and piano teacher whose home-baked bread was savored after recitals. After a successful

surgery, Hytken started baking. But health code regulations prohibited her from selling her many banana breads: chocolate chip, walnut, original, organic and gluten-free.

That changed earlier this year when Hytken became the first person in Humboldt County to receive a Cottage Food Operations permit under a new law that went into effect on Jan. 1. The law rips through decades of red tape that forbade sales of non-refrigerated homemade goods. The list of items that people can now make at home and sell to the public includes jams, jellies,

granola, trail mix, chocolate-covered nuts, popcorn, vinegar, mustard, roasted coffee and any baked goods that do not contain cream, custard or meat fillings.

By the way, before anyone thinks that they can start selling "special" homemade brownies, state law does not consider marijuana edibles to be food, but rather medical delivery devices.

Assemblyman Mike Gatto, D-Silver Lake, wrote the home food business law to help people start small businesses without the expense of renting a commercial kitchen or opening a storefront. His inspiration, he says in a YouTube video, came when he learned that health officials had shut down a backyard brick-oven bread business that was lauded in the *Los Angeles Times*. The new law allows entrepreneurs armed with a home oven to sell "foods that do not support the rapid growth of bacteria that would make people sick when held outside of refrigeration temperatures," according to the California Department of Public Health's website.

So far, Humboldt County's Department of Health and Human Services has received 13 cottage food applications, and 10 have been approved, according to Heather Shelton, media contact for the department. Applicants must attend a food safety class and pass a state exam, and permit holders have to undergo an annual kitchen inspection at their own expense. Beyond that, product labels

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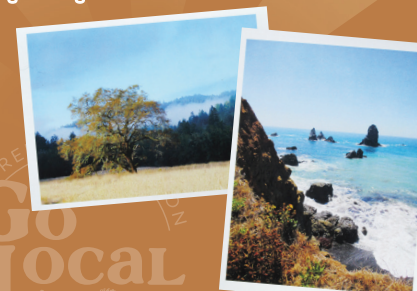
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PHOTO BY DREW HYLAND.

must comply with federal law and include the words "Made in a Home Kitchen."

Humboldt residents pay \$63 for a Class A permit, which allows sales directly to the public, and \$189 for a Class B permit, which allows direct sales and sales through retailers. Before the law passed, Roger L. Smith, co-owner of Norton Creek Farm in McKinleyville, would have had to rent a commercial kitchen to prepare the dried fruits and veggies he now sells next to his pesticide-free produce at the Arcata Farmers Market. "That would be cost prohibitive," he says.

But will the new law hurt the city-run Foodworks Culinary Center in Arcata,

where start-up food manufacturers can rent a commercial kitchen for three hours minimum at \$16 an hour?

Larry Oetker, Arcata's director of community development, said he doesn't think so because rental demand is still high. Oetker's deputy director, David Loya, says the new law is a great way for small business owners to "test the water before making a huge investment." Besides, Loya says, any successful home business will quickly outgrow its confines and seek commercial-sized kitchens to handle larger quantities. Oetker sees the change as a good thing either way, since Foodworks' goal is to help

small businesses grow into local manufacturers. Some of the center's successes include chocolate maker Drakes Glen, Bless My Soul Café and Naan of the Above.

Still, Oetker does worry that home kitchens lack the grease traps of their commercial counterparts. "That's a lot of extra grease going down the drains which could lead to [city] pipes getting clogged," he says, and that makes extracting oils from the city's wastewater system more difficult. "It tends to raise to the surface and clump together," he says, adding that grease could eventually end up in the marsh.

However, given its small scale, the typical home food business is not likely to create large amounts of grease, says Kevin Metcalfe, supervisor of the consumer protection program for Humboldt County's Department of Health and Human Services' Division of Environmental Health. In a written statement, Metcalfe says, "Where there may be concerns, the operator can take simple measures such as recycling oils."

For now, keep an eye out for some of Humboldt County's best-kept family recipes at the Kneeland Glen Farm Stand in Freshwater, and let's keep our fingers crossed that finding homemade goodies at the corner store will soon be as easy as finding your favorite microbrew. ●

Who's Cooking

Arcata Bay Llamas (Class A), Sherria Tyler, 822-8661. Plum jam and lavender and chamomile tea.

The Banana Bread Cottage* (Class A), Mary Ann Hytken, 443-5021. Banana breads.

Carlene and Anthony P. Coglaiti (Class B), 668-5550. Specialty breads, including bread bowls for Adel's in Eureka and naan for Bollywood Indian Cuisine.

Ewe So Dirty Products (Class A), Jamie Cohoon, 764-2161, www.ewesodirty.com. Lanolin products from Cohoon's sheep, including lip balm, soap, massage oil and lotion.

Granny Be Jammin'* (Class A), Cindi Hebard, 445-8362. Local fruit jams and jellies, raspberry bread and pies.

Honey Apple Farms (Class A), Rochelle Honig, 496-9958. Plum, strawberry and strawberry-rhubarb jams and apple butter.

Humboldt Hens (Class A), Autumn Glock, 672-2576. Jams, jellies, preserves, cakes, cookies, breads, marshmallows, candies and lozenges.

A Little Sugar Rush* (Class A), Jennifer Troeger, 499-6586, A.Little.Sugar.Rush@gmail.com. Specialty cupcakes (strawberry, mimosa), pies and breads for small gatherings.

Norton Creek Farm (Class A), Roger L. Smith, 839-0786, rlsmith3040@sbcglobal.net. Dried fruits and vegetables.

The Old Farmhouse Bakery (Class A), Charlou Weaver, 768-2057. Breads (white, wheat and flax) and cookies (chocolate chip, peanut butter and coconut). Closed for the season.

Trident Lightning Farms (Class A), Danielle Newman, 633-5467. Plum, blackberry and peach jam and lemon marmalade.

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CRUSH 1101 H St. #3, Arcata 825-0390		Jeff DeMark 8pm \$10	Chris Parreira (singer/songwriter) 8pm Free		[M] Buddy Reed 7pm Free [T] Game Night 5pm Free
THE FORKS (530) 629-2679 38998 Hwy 299, Willow Creek	Jimi Jeff's Open Jam 8:30pm				
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Polyrhythmics (world funk) 9:30pm \$15		The Meat Puppets 9:30 \$15		

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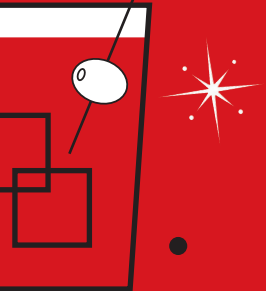
venue	thur 11/14	fri 11/15	sat 11/16	sun 11/17	m-t-w 11/18-20
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928		Vladimir Feltsman, Fulkerson Recital Hall 8pm \$45, \$15 HSU students	HSU Jazz Combos Fulkerson Recital Hall 8pm \$8, HSU students Free		[M] Andrew Bird, Van Duzer Theater 8pm \$45, \$22 HSU students [W] Lyle Lovett, John Hiatt, Van Duzer Theater 8pm \$75
JAMBALAYA 915 H St., Arcata 822-4766		Juce (electronic) 10pm Free	Woven Roots (reggae) 9:30pm Free	DGS Sundaze (EDM DJs) 9pm \$5	[M] The Getdown (local funk) 7pm [T] Abilities, Jel and Serengeti (electronic) 10pm Free
LIBATION 761 Eighth St., Arcata 825-7596					[T] Buddy Reed (blues) 7pm Free
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Trivia Night w/Jerry Lee Wallace 7pm Free	Kindred Spirits (acoustic roots) 9pm Free	First Anniversary Party w/ LaPatinas (eclectic) 8:30pm Free		[T] Cribbage 6:45pm Free
MAD RIVER BREWERY 668-5680 101 Taylor Way, Blue Lake	Sierra Rose Band (rock/folk) 6pm Free	Raising Grain (bluegrass) 6pm Free			[T] The Gloria Darlings (bluegrass), Gin Jars (jazz/blues) 8pm Free
MOSGO'S 826-1195 2461 Alliance Road, Arcata				Bradley Dean (rock/country) 4pm Free	
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rude Lion 9pm \$5
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Anna Hamilton (blues) 8pm Free		No Covers w/Electric Gravy (improv jazz) 8pm Free		[M] Cornhole Finals 8pm Free
REDWOOD RAKS DANCE 824 L St., Arcata 616-6876	Blues Night (Lesson) 8pm \$5	Salsa at 6 6pm \$5	Social Dance (country two-step) 6:30pm \$10	Salsa Rueda 7pm \$8	[M] Swing Night 7pm \$5 [T] African Dance/Drum 5:30pm \$10
ROBERT GOODMAN WINES 937 10th St., Arcata 826-WINE		Anna and the Underbelly (folk) 9pm Free		Open Mic w/Chris Parreira 7pm sign-up/8pm Free	[M] Roots & Culture Reggae 9pm Free [W] Salsa! (lessons + dance) 9pm \$5
SIDELINES 732 Ninth St., Arcata 822-0919	Rude Lion Sound (DJ) 10pm \$2	DJ Music 10pm \$2	Sidelines Saturdays w/Rude Lion 10pm \$2		
SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville		JD Jeffries, Michael Stewart, Maria Bartlett (Americana) BA-DUM-CHH Comedy: Beards and Boobs w/Emmet Montgomery 8pm \$7, Pressure Any (DJs) 9:30pm Free	Good & Evil Twins Karaoke 8pm Free		[T] Good & Evil Twins Karaoke 8pm Free
SIX RIVERS BREWERY Central Ave., MCK 839-7580	Jimi Jeff (rock) 9pm Free		The Movers and Shakers (rock/ blues) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 8pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		DJ Itchie Fingaz (glitch/hip-hop) 9pm Free	DJ Music 10pm Free		[W] Reggae Wednesdayz w/Rude Lion 10pm Free



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◀ ARCATA + NORTH ON PREVIOUS PAGE

venue	thur 11/14	fri 11/15	sat 11/16	sun 11/17	m-t-w 11/18-20
ANGELINA INN 281 Fernbridge Drive, Fortuna 725-5200		Anna Hamilton (blues) 5pm, Loren & the Roustabouts (country rock) 9pm Free			
BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free			[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	707 (rock) 9pm Free	Taxi (rock) 9pm Free		
CALVARY LUTHERAN CHURCH 716 South Ave., Eureka 445-9650		Linden String Quartet 7:30pm \$30, \$5 students			
CECIL'S BISTRO 923-7007 773 Redwood Drive, Garberville	Off the Chart (jazz) 7pm Free	SoHum Girls (originals) 7pm Free	Gary Stewart (singer/ songwriter) 7pm Free		
CHAPALA CAFÉ 201 Second St., Eureka 443-9514		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
CUTTEN INN 445-9217 3980 Walnut Drive, Eureka					[T] Dale Winget (acoustic) 6pm Free
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Shugafoot (jazz) 9pm Free	Buddy Reed & the Rip It Ups (blues) 9pm Free	Scuber Mountain (piano pop) 8pm Free		[M] Ultra Secret Good Guys (jazz improv) 8:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury and Evan (Irish) 7pm Free	Paul (folk) 7pm Free			
MATEEL COMMUNITY CTR. 59 Rusk Lane, Redway 923-3368			Fall Splendor: A Fashion Show Bada Bling! Burlesque, DJ Marjo Lak, Plantrae (improv electronic), DJ MiHKAL 8:30 \$20		[M] Shaggy (dancehall) 7pm \$25
MORRIS GRAVES MUSEUM OF ART 636 F St., Eureka 442-0278			Chamber Music: Daniela Mineva, John Chernoff, Paul Cumming, Gil Cline, Fred Tempes 2pm Free	Jazz Jam with Dan Aldag 2pm \$5 suggested donation	
NOCTURNUM 206 W. Sixth St., Eureka 498-7388	Dirty Thursday: Pressure Anya (DJs) 9:30pm Free				[M] Squidling Bros. (sideshow) 9pm \$10 [W] Whomp Whomp Wednesday (EDM DJs) 9pm \$5



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venue	thur 11/14	fri 11/15	sat 11/16	sun 11/17	m-t-w 11/18-20
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Jenni & David and the Sweet Soul Band (funky blues) 7pm Free				[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 507 Second St., Eureka 444-2017	Masta Shredda (EDM DJ) 10pm Free	Jsun (DJ) 10pm Free	Del Fuego: Tropical & Latin Soundclash w/Pressure Anya (DJs) 10pm Free		
PERSIMMONS GALLERY 1055 Redway Drive, Redway 923-2748	Frisky Brisket (violin, guitar) 7pm Free	Planet Four (jazz/world) 7pm Free			[W] Gary Stewart and Sam Montoya (covers) 7pm Free
RED LION HOTEL R.J. GRIN'S LOUNGE 1929 Fourth St., Eureka 445-0844			Karaoke w/Chris Clay 9pm Free, 21+		
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka					[M]T-Bone Shuffle Open Mic Jam w/ Jim Lahman Band 7pm Free
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Tales of the Dead: Norman Bradford, Partick Clark et. al (Dead covers) 7pm Free	The Hill (honky punk) 9pm Free			[T] Open Mic 7pm Free
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		Shugafoot (jazz) 9pm Free	Buddy Reed and the Rip It Ups (booty shakin' blues) 10pm Free		[T] Shugafoot (jazz/blues) 7:30pm Free [W] No Covers (jazz duo) 7:30pm Free
WINEMA THEATER 764-4131 Main St., Scotia		Dick Dale w/the Pyronauts 8pm \$25			



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Brave the Elements

Meaty options all week

By Jennifer Savage

thehum@northcoastjournal.com

Crisp fall nights, increased chances of rain — this is the time of year when I once again wonder why none of Humboldt County's many venues offer coat checks. Wouldn't you happily pay a few dollars to leave your coat in a safe, clean spot rather than slung over the back of a chair, hooked under a bar counter or piled in a booth? Perhaps this will be the season that coat checks will become a thing. Untapped opportunity, entrepreneurs! Until then, bundle up and make do, dear readers, because you once again have a whole lot of shows calling your name.

Some days are dark

On Thursday, Southern Lord Records artists **Agrimonia** unleash Swedish death crust at the Alibi. Song titles such as "Decay," "Leaves Fall Rotten," "Cyst" and "Harvest the Discontent" make it clear what you're getting into. Slight quibble with the lyrics on that last one, specifically the opening verse: "Weeping with no tears/ Insulin in the blood again released." I happen to know a bit about how insulin

works and it's most definitely not triggered by weeping with no tears — insulin is released due to rising sugar levels in the blood. So unless "weeping with no tears" is code for "shoving chocolate-glazed donuts into your face," not technically accurate! Don't let that stop you from letting the darkness wash over you.

Take Over and Destroy brings the blackened rock'n'roll from Arizona. Cover is \$7, everything starts around 11 p.m. and is 21-and-over.

On the completely different side of things, the "original hard-driving, modern Afro-beat and syncopated, horn-driven funk" of **Polyrhythmics** is at Humboldt Brews. That show is \$15, starts at 9:30 p.m. and is also 21-and-over.

Friday classic

Friday brings eardrum-destroying, genre-defining-surf-guitar-master **Dick Dale** at Scotia's Winema Theatre for \$30. Guitar fans of all ages can attend the gig, and the music starts at 8 p.m., with doors opening at 7 p.m. If you were hoping to continue wallowing in the dark gloom of self-pity, you're entirely out of luck. Go out and get affirmed.

Long live the Logger!

Saturday offers a chance to celebrate one of the most exciting resurrections in Blue Lake's history — the return of the Logger Bar. One year ago, winsome Kate Martin and her crew recreated and reopened

the bar and the community leapt for joy in response. Go help them celebrate with **LaPatinas** starting at 8:30 p.m.

Probably your ideal date night option

In not-exactly-live-music news — although one may reasonably expect some demonstration of musical talent — **Mr. Humboldt** at the ATL. Judging from the press photos of the contestants, this



WHO: The Meat Puppets

WHEN: Saturday, Nov. 16, 9:30 p.m.

WHERE: Humboldt Brews

TICKETS: \$15

PHOTO
COURTESY OF
THE ARTIST

looks to be the sexiest, funniest place to be Saturday night. Please see elsewhere in the *Journal* for more on this inaugural debut of Humboldt's newest beauty pageant.

More on the can't-miss meat theme

Not too many bands could compete with a veritable chorus line of our county's most manly men, but **The Meat Puppets** offer a tempting alternative at Humboldt Brews. Working from an influential country-punk catalog now spanning decades and supporting the band's newest album, *Rat Farm*, which is a sort of sunburnt folk evidencing years of honed craft, The Meat Puppets have only gotten better. **The World Takes** opens. Cover is \$15, advance tickets are recommended, music starts around 9:30 p.m. and the show is 21-and-over.

Something new and interesting

Over at the Alibi on Saturday, Vancouver multi-instrumentalist **Jay Arner** offers

delightfully understated mood pop that ranges from lush post-punk synthscapes to pulsing bass tracks. Think the sparseness of folk music with the mechanics of the most appealing resurgence of Joy Division-esque '80s bands. As usual, 11 p.m. and \$5.

Also of interest Saturday night:

Striped Pig Stringband with dynamic caller **Charmaine Slaven** at 7 p.m. in the Arcata Veteran's Hall. Cover is \$7 or \$6 for Humboldt Folklife Society members, students and seniors, and free for kids 12 and under. Proceeds benefit the Mad River Alliance. Additionally, Bay Area hip-hop icon **Too Short** appears in an all-ages show at the Arcata Community Center. Tickets are \$30 and the show starts around 8 p.m.

A seriously good show for serious music fans

Jumping ahead to Monday, **Andrew Bird** performs in the Van Duzer Theatre. You might have heard his lushly appealing song "Armchairs." Since those early days of success, Bird has continued his quirky musical odyssey tripping down his own jazz-indie-folk path without being really exactly any one of those things. He's also a hell of a whistler. Tickets are \$45, show starts at 8 p.m.

Down in SoHum, Jamaican dancehall artist **Shaggy** appears at the Mateel Community Center. Tickets are \$25 in advance, show starts at 8 p.m.

RIYD mad songwriting skills

Here's a supercool show for those appreciative of the fine art of songwriting. Wednesday, Nov. 20, two of America's most respected musicians share the stage, playing separately and together. Yes, it's the **Lyle Lovett-John Hiatt** show at the Van Duzer at 8 p.m. Tickets are a whopping \$75, but if you can swing it, the show should be a memorable one. And I read once that spending money on experiences instead of stuff leads to greater long-term happiness, so if you need an argument to justify the purchase to your partner, there you go.

P.S.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Send your show info and high-res photos to music@northcoastjournal.com.



WHO: Andrew Bird

WHEN: Monday, Nov. 18, 8 p.m.

WHERE: Van Duzer Theater

TICKETS: \$45

PHOTO
COURTESY OF
THE ARTIST

Arcata High boosters are showing other boosters how it's done — ahem — at their **beer and cheese pairing fundraiser** on **Saturday** at 5 p.m. and 7 p.m. (\$30). Dr. Charles Bamforth, of the beer literati, will preside. You had us at beer and cheese.



Don't pack your Halloween mask yet — the **Fall Splendor fashion show** at the Mateel Community Center is Venetian masquerade balling on **Saturday** at 8:30 p.m. (\$15-\$25 show, \$85 with dinner). Enter the costume contest, watch the magic and burlesque shows and shake some tassels of your own on the dance floor.



Dig gardening? Take it to the next level at the **Sustainable Living Fair** at the Jefferson Community Center on **Saturday** at 10 a.m. Learn how to compost, grow winter crops and mushrooms, whip up herbal remedies and care for trees. There's even a potluck lunch and childcare if you've got your hands full.

PHOTO COURTESY OF THE REDWOOD COMMUNITY ACTION AGENCY.

Story Time

Nothing beats a good story, and the weekend is bursting with them. On Friday night at Crush, settle in for Jeff DeMark's annual one-man show *Writing My Way Out of Adolescence* at 8 p.m. (\$10, \$40 with dinner) and find out how he made it. On Saturday, take a trip to the Emerald Isle for Blarney and Beer at 7 p.m. at the Arcata Playhouse (\$10). For the unfamiliar, blarney is the Irish art of charming B.S., which will be used for good in this instance, since proceeds benefit Hospice House. Stick around the playhouse for the start of Tellabration at 8 p.m. when Paul Woodland and friends will be spinning yarns. Again, for the unfamiliar, every November during the Tellabration weekend, people all over the world hold events where you can hear tales both true and imaginary from writers, performers and fabulists — and maybe tell a few of your own. The North Coast Storytellers will tellabrate at the Humboldt County Library in Eureka on Sunday at 8 p.m., and if the spirit moves you, you've got five to eight minutes of stage time to get it off your chest (free).

— Jennifer Fumiko Cahill

14 thursday

ART

Christmas Card Workshop. 10 a.m.-4 p.m. The Multi-Generational Center, 2280 Newburg Rd., Fortuna. All supplies will be provided. Dianne Lucas will show you multiple techniques. Free. 725-3300.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. A chance to hone your skills with a live model. \$5. 442-0309.

LECTURE

"Driving Less" 5:30 p.m. Gist Hall 218, Humboldt State University, Arcata. Susan Handy presents as part of the Sustainable Futures Speaker Series. Free. serc@humboldt.edu. 826-4345.

Handweavers and Spinners Guild. 6:45 p.m. Wharfinger Building, 1 Marina Way, Eureka. Barbara Klessig of Humboldt State University will give a talk on the archaeology and culture of textiles. Free. 498-2472.

MOVIES

Local Filmmaker's Night. 6:30 p.m. Access Humboldt Community Media Center, Eureka High School, Eureka. Following the screening of *Plays Well with Others*, attendees can stay for Q-and-A with filmmaker Montel Vander Hork, movie trivia, prizes and a reception. \$5. 476-1798.

MUSIC

Madrigals and Marinara. 5 p.m. Arcata High School, 1720 M St. The Arcata High School choir will serve an Italian-themed dinner, followed by a performance. \$15. dick95518@gmail.com. 845-3209.

FOR KIDS

Art for Teens. 4:30-6 p.m. Fortuna United Methodist Church, 922 N St. Ink People's drop-in drawing, painting, mixed-media, sculpting and more for teens. Free. 707-726-9048.

Young Discoverers. 10:30 a.m. Discovery Museum, 501 3rd St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Space is limited, so call ahead. \$2. info@discovery-museum.org. discovery-museum.org. 443-9694.

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SPOKEN WORD

The Siren's Song Poetry Slam. Second Thursday of every month, 7:30 p.m. The Siren's Song Tavern, 325 Second St., Eureka. The only local competitive poetry show on the North Coast. Come early to sign up. Open mic in the first half for all those just getting their feet wet. Music and feature by DJ Gobi. Hosted by A Reason to Listen. \$5. areasontolistent@gmail.com. www.thesirensongtavern.com/. 530-448-9458.

THEATER

Far East. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. A.R. Gurney's semi-autobiographical play set on a U.S. Navy base in Yokosuka, Japan, circa 1954. Directed by Craig Benson. \$15.

Humboldt Unbound. 7:30 p.m. Van Duzer Theatre, 1 Harpst St., Arcata. An HSU original production of the life of Alexander von Humboldt. \$10, \$8 students, limited free seating to HSU students. 826-3928.

A Midsummer Night's Dream. 7:30 p.m. Eureka High School Auditorium, 1915 J St. William Shakespeare's most popular comedy performed by the Eureka High Players. \$8, \$5 students. vossn@eurekahighplayers.com. 441-1735.

You're a Good Man Charlie Brown. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. The *Peanuts* classic, directed by Clark Gesner. \$18.

FOOD

College of the Redwoods Farmers Market. 11:30 a.m.-5 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Shop produce grown by students at the college's 38-acre Bianchi Farm in Shively. Market is held in front of the campus bookstore.

MEETINGS

Advocate Training. 6 p.m. CASA of Humboldt, 2356 Myrtle Ave., Eureka. Help the more than 250 children in foster care in Humboldt County. Become a voice for abused and neglected children. Free. info@humboldtcasa.org. www.humboldtcasa.org. 443-3197.

ETC

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., grange meeting 7:30 p.m. nanettespearschade@gmail.com. 707-443-0045.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 707-442-9276.

Volunteer Training. 5:30 p.m. SCRAP Humboldt, 101 H St. Suite D, Arcata. For those interested in working at the store or taking on an administrative role. volunteer@scraphumboldt.org. www.scraphumboldt.org. 633-8349.

continued on next page ►

15 friday

ART

Arts McKinleyville. Third Friday of every month, 6-8 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Art, food and music at participating McKinleyville businesses. Free. info@mckinleyvilleartsnight.com. www.mckinleyvilleartsnight.com. 834-6460.

MR. H. IPSTER PIBR VII. PHOTO COURTESY OF THE MR. HUMBOLDT PAGEANT.



Mr. Humboldt

When somebody puts on a Mr. Humboldt pageant, you go. Beauty pageants are passé (does anybody even protest those things anymore?), but consider the possibilities. Dreads? Flannel? Tattoos? Indie musician or burly lumberjack? Hipster or hip waders? Mountain biker or mountain man? Trim beard or trim job? Go ahead and peruse the candidates, who range in age from still-getting-carded to riding-the-bus-for-free, on the Mr. Humboldt Facebook page. Better yet, let some of their names give you an image: Mr. Trees of Mystery, Mr. Bicycle Pimp, Mr. Redwood, The Rabbit Ranger and Mr. Short Shorts. Then there are their talents, like eating stacks of pancakes, yo-yo tricks and puppetry. *Hot.* But really, you'll have to see all that Humboldt grass-fed beefcake in the flesh on Saturday at 7 p.m. at the Arcata Theatre Lounge. The whole farce will raise funds for Women's Crisis Shelter in Southern Humboldt, the Humboldt Literacy Project and Big Brothers Big Sisters of the North Coast. It's ironic and it's for charity, which means it is totally OK to ogle, objectify, rank, rate and have impure, sexist, un-PC, non-recyclable and non-fair-trade thoughts about the contestants. Have at it, folks.

—Jennifer Fumiko Cahill

BOOKS

Jim Dodge. 10 a.m. New Theater - College of the Redwoods, 7351 Tompkins Hill Road, Eureka. The author will read and sign CR and HSU's book of the year, *Fup*. Free.

DANCE

World Dance. 8-10 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Sunny Brae. Lessons and dancing by request. All are welcome. \$3. 839-3675.

MOVIES

'70s Horror ShockFest. 7:30 p.m. Arcata Theatre Lounge, 1036 G St. B-movie corniness you can only get from the 1970s. \$5. www.arcatatheatre.com.

MUSIC

Linden String Quartet. 7:30 p.m. Calvary Lutheran Church, 716 South Ave., Eureka. Playing selections from Haydn, Bolcom, Corigliano and Mendelssohn. A reception will follow the performance. \$30 general, \$5 students. 445-9650.

SPOKEN WORD

Writing My Way Out of Adolescence. 8 p.m. Crush, 1101 H St., Arcata. Jeff DeMark presents his yearly performance of his one-man theatrical memoir. A three-course dinner is also available. \$10 show, \$40 dinner. jeffdemark@gmail.com. www.jeffdemark.com. 825-0390.

THEATER

Audio Description of You're a Good Man Charlie Brown. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Reading Service of the Redwoods will provide an interpretation of the play for community members with low or no vision. TBA.

Far East. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 14 listing.

Humboldt Unbound. 7:30 p.m. Van Duzer Theatre, 1 Harpst St., Arcata. See Nov. 14 listing.

A Midsummer Night's Dream. 7:30 p.m. Eureka High School Auditorium, 1915 J St. See Nov. 14 listing.

You're a Good Man Charlie Brown. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Nov. 14 listing.

MEETINGS

Eureka Sequoia Garden Club. First Covenant Church Carriage House, 2526 J St., Eureka. Discussions on how to maintain your landscape year-round with Larissa Haney. Free. 442-1387.

SPORTS

Eight Ball Tournament Night. 7 p.m. Rose's Billiards, 535 Fifth St., Eureka. Come and compete for prizes in a BCA rules double elimination tournament on 7-foot Diamond tables. \$1 off of beers for tournament players. \$5 plus \$3 green fee. guy@rosesbilliards.com. rosesbilliards.com. 707-497-6295.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park Street. Have fun and get some exercise at the same time! \$5.

16 saturday

BOOKS

Nanette Heidtman and Irene Blumer. 1-3 p.m. Times Remembered, 431 Main St., Ferndale. The author and the illustrator will sign copies of their books *Dusty's Christmas Wishes* and *Dusty's Best Friend*. Free.

MUSIC

All County Music Festival. 7 p.m. Eureka High School, 1915 J St. An opportunity to hear students selected from nearly 30 Humboldt and Del Norte middle and high schools. Donations suggested. humboldttrisingstars.org. 445-7077.

Chamber Music Concert Series. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Featuring performers Daniela Mineva, John Chernoff, Paul Cumming, Gil Cline and Fred Tempes with works by Brahms, Beethoven, Schumann and more. Free. janine@humboldtarts.org. www.humboldtarts.org. 442-0278 x 202.

HSU Jazz Combos. 8 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Classic jazz and originals directed by Dan Aldag and produced by the HSU Music Department. \$8, free to students. 826-3928.

The Meat Puppets. 9:30 p.m. Humboldt Brews, 856 10th St., Arcata. The legendary desert punks will play with The World Takes. \$15. humbrews@gmail.com. www.humbrews.com. 826-2739.

SPOKEN WORD

Blarney and Beer. 7 p.m. Arcata Playhouse, 1251 Ninth St. An evening of stories and songs from the Emerald Isle for grownups. Proceeds from beer sales benefit the Hospice House. \$10. plw3@humboldt.edu. 441 9424.

Tellabration. 8 p.m. Arcata Playhouse, 1251 Ninth St. A night of storytelling with Paul Woodland and friends.

THEATER

Far East. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 14 listing.

Humboldt Unbound. 7:30 p.m. Van Duzer Theatre, 1 Harpst St., Arcata. See Nov. 14 listing.

A Midsummer Night's Dream. 7:30 p.m. Eureka High School Auditorium, 1915 J St. See Nov. 14 listing.

You're a Good Man Charlie Brown. Performance will benefit Arcata Arts Institute. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Nov. 14 listing.

EVENTS

Beer and Cheese Pairing. 5 & 7 p.m. D Street Neighborhood Center, 13th and D streets, Arcata. Beer author Dr. Charles Bamforth hosts this fundraiser for the Arcata High booster club. \$30. mcfamily@suddenlink.net. beer-cheese-arcata.eventbrite.com.

Breathe for Blu. 1 p.m. Main Street Gallery, 1006 Main St., Fortuna. A fundraiser for Shanna Carlile-Roy who needs a double lung transplant. There will be surprise guests and refreshments. Free. 502-7000.

Dow's Prairie Grange Breakfast and Flea Market. Third Saturday of every month, 9 a.m. Dow's Prairie Grange, 3995 Dows Prairie Road, McKinleyville. Enjoy pancakes, eggs and shopping for knick knacks. Flea market ends at 4 p.m. \$5, \$3 for kids. dowsgrange@gmail.com. www.dowsprairiegrange.org. 707-840-0100.

Fall Splendor: A Fashion Show. 6:30 p.m. Mateel Community Center, 59 Rusk Lane, Redway. This fundraiser for Southern Humboldt Community Park features a masquerade ball, costume contest, magic, dance party, DJ's, Bada Bling! Burlesque!, a salmon dinner and more. Show starts at 8:30 p.m. \$15-25 show, \$85 with dinner. burningleaf@asis.com. www.mateel.org. 223-3849.

Harvest Dinner and Full Moon Dance. 6 p.m. Trinidad Town Hall, 409 Trinity St. Music by Elvis impersonator Tim Breed and the Uptown Kings. \$35.

Mr. Humboldt Pageant. 7 p.m. Arcata Theatre Lounge, 1036 G St. A competitive, all-male spoof pageant, with proceeds going to charity. \$25. info@arcatatheatre.com. https://www.facebook.com/MrHumboldt.

Murder Mystery Dinner Theatre. This annual whodunit dinner at the historic Benbow Inn features hotel employees and a troupe of visiting actors who unravel mystery and intrigue while you dine. Wine and a room at the inn included. \$150 to \$1,000 depending on room selection. www.benbowinn.com/. 800-355-3301.

Open House. 10 a.m.-4 p.m. Betty Kwan Chinn Day Center, Corner of Seventh and C Streets, Eureka. See our new facility and learn about the different programs we will be offering. Free.

Orlando Cepeda. 8 a.m. Bayshore Mall, 3300 Broadway, Eureka. The San Francisco Giants hall of famer will sign autographs at the grand opening of the Sports Authority. Free.

Sustainable Living Fair. 10 a.m. Jefferson Community Center, 1000 B St., Eureka. Learn skills to create self-sufficient lifestyles and resilient communities via a variety of classes. Free. 267-0924.

K-9 Demo. 1-3 p.m. The Farm Store, 3956 Jacobs Ave., Eureka. Have some barbecue, enter the raffle and check out the dogs who serve and protect at this fundraiser for the Eureka Police Department K-9 unit. Please RSVP. 443-7397.

FOR KIDS

Youth Driven Saturday Nights. 7 p.m. McKinleyville Activity Center, 1705 Gwin Road. Video games, basketball, board games, snacks, music and a place to just "hang out." Open to all sixth through 12th-graders. Free. jesse.mcscd@gmail.com. 839-9003.

FOOD

Arcata Farmers Market. 9 a.m.-3 p.m. Arcata Plaza, Ninth and G streets. Locavores' delight: fresh vegetables and fruit from local producers, food vendors, plant starts, flowers, live music every week at 10 a.m. Free. humfarm.org. 707-441-9999.

Kneeland Fun Spaghetti Feed. 3 p.m. Kneeland School, 9313 Kneeland Road. A benefit for the Kneeland Fire Department. Gluten-free options available. \$10 adults, \$5 kids over five. mjbailley100@gmail.com. 496-9848.

GARDEN

Native Plant Walk. 1-3 p.m. Manila Community Center, 1611 Peninsula Drive. Learn about the garden that students are developing on the site. Free. www.manilacsd.com.

OUTDOORS

Arcata Marsh Tour. Led by Betsy Elkinton. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Tour. The tour guide this week is Joe Ceriani. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street (end). Bring your binoculars and have a great morning birding! Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. rras.org/calendar.

eBird Survey. 8 a.m. Shay Park, Corner of Foster Avenue and Alliance Road, Arcata. Rob Fowler will lead a one- to three-hour survey. Wear waterproof footwear and enjoy some of the more than 130 species. Meet at the Foster Avenue parking lot. Free. 616-9841.

Manila Dunes Restoration. 9:30 a.m.-12:30 p.m. Manila Community Center, 1611 Peninsula Drive. Bring water and wear work clothes. Tools and gloves are provided. Free. www.manilacsd.com. 444-1937.

Walk with a Doc. 11 a.m. Sequoia Park, 3414 W St., Eureka. A 2.5-mile walk led by a local physician. Free. vms26@humboldt.edu. www.walkwithadoc.org. 619-955-2692.



Big Talk

You know that TED Talk you watched and live-tweeted and re-posted and how you wished we could do something like that here? Well, you might have magical powers, because on Sunday at noon, 22 speakers are taking the stage at the Arcata Theatre Lounge for TEDxYouth@HumboldtBay (\$50, \$10 for people under 25). It's a locally organized TED-esque event with that same brainy grass-roots approach to getting people thinking and talking. This one, titled "Imagine > Ignite," is geared toward the under-25 set, and speakers include local luminaries and some very bright young things. You'll get schooled by a handful of high school students, cool science teacher David Haller, digital marketer Jeff Pimentel, Samba drum lord Jesse Jonathon Franzen, author Ray Raphael, artist Katie Texas, breakdancing teacher "Reckless" Rex Atienza and our own advice mistress, Jessicurl founder Jessica McGuinty (hey, girl). Can't make it to the show? Watch it streaming live at tedxyouthhumboldt.org.

Now see what you can do about wishing up a Korean barbecue place.

—Jennifer Fumiko Cahill

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park Street. See Nov. 15 listing.

ETC

Access Media Center Orientation. Third Saturday of every month, 10 a.m. Access Humboldt Community Media Center, Eureka High School, Eureka. Learn about resources available at Access Humboldt: recording studio, field equipment, editing stations, cable TV channels, etc. Free. 707-476-1798.

17 sunday

ART

Gallery Birthday Party. 1-4 p.m. Trinidad Art, 490 Trinity St. Food, beverages, birthday cake and music from The JD Jeffries Band, Michael Stewart, Maria Bartlett, Tim Breed and harpist Howdy. Free. trinidadartgallery.com. 677-3770.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

Jazz Jam with Dan Aldag. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Performance by HSU Jazz Combos followed by an open mic jam session. \$5 suggested donation. janine@humboldtarts.org. www.humboldtarts.org. 442-0278 x202.

SPOKEN WORD

Tellabration. 7 p.m. Eureka Main Library, 1313 Third St. An international night of storytelling. North Coast Storytellers will perform. You're welcome to sign up to tell a 5-8 minute story. Free. www.humlib.org. 269-1910.

THEATER

Far East. 2 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 14 listing.

Humboldt Unbound. 2 p.m. Van Duzer Theatre, 1 Harpst St., Arcata. See Nov. 14 listing.

You're a Good Man Charlie Brown. 2 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Nov. 14 listing.

EVENTS

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

TEDxYouth@HumboldtBay. noon. Arcata Theatre Lounge, 1036 G St. Ignite your mind with 22 amazing speakers and performers in a production created for youth. \$10 for youth under 25. TEDxLaura@gmail.com. www.tedxyouthhumboldt.org.

FOOD

Roshni Sunday Lunch. 11:30 a.m. Humboldt Area Foundation, 373 Indianola Road, Bayside. The presentation "Malala and Swat Valley" followed by a Middle Eastern vegetarian lunch, silent auction, henna and more. RSVP. \$15.00. info@roshnicentre.org. 826-7123.

MEETINGS

Animism International. Every other Sunday, 4-6 p.m. North Coast Co-op, Eureka, 25 Fourth St. Topics of discussion include: the merger of science and spirituality, entheogens in spiritual practice and more. Free. animisminternational@gmail.com. animisminternational.org. 382-7566.

OUTDOORS

Redwood Region Audubon Society Birding Trip. Third Sunday of every month, 9 a.m. Eureka Waterfront, Foot of Del Norte Street. Due to safety concerns, the Palco Marsh Walk is temporarily changing locations. Meet leader Ralph Bucher at the Foot of Del Norte St., Eureka to scope birds from the public dock. Attendees will then drive to the base of the Hikshari Trail at Truesdale Street and bird along the trail through the Elk River Wildlife Sanctuary. Free. thebook@reninet.com. 499-1247.

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NORTH COAST JOURNAL

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McKINLEYVILLE ARTS NIGHT

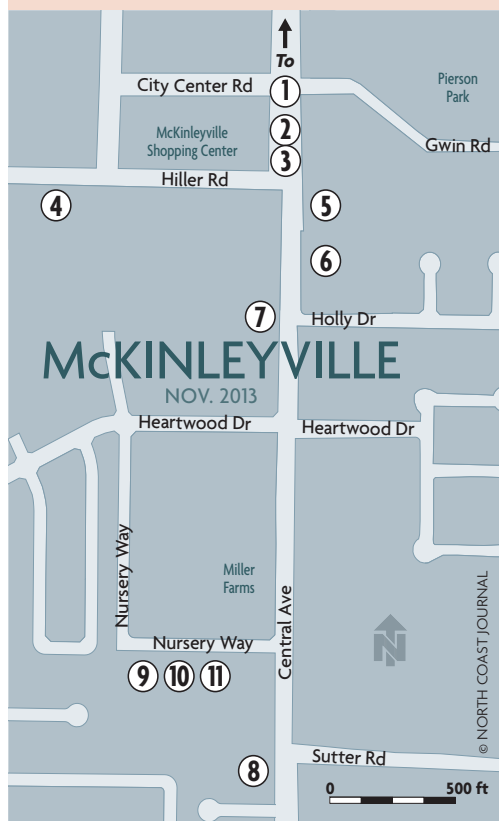
Third Friday McKinleyville Arts Night Friday, Nov. 15, 6-8 p.m.

A celebration of local art and artists, music, food and fun. McKinleyville Arts Night is open for all McKinleyville businesses to display work from local artists on the third Friday of each month. For more information, call 834-6460 or visit www.mckinleyvilleartsnight.com.

- 1) **CALIFORNIA REDWOOD COAST-HUMBOLDT COUNTY AIRPORT** 3561 Boeing Ave. Works by Robert Benson, Floyd Bettiga, Thomas Klapproth, Jim McVicker, William Pierson, Laura Rose, Stock Schlueter and Stilson Snow.
- 2) **SILVER LINING** 3561 Boeing Ave. #D (at the airport). Hand-knit scarves by KC Creations. Music by JD Jeffries 6-9 p.m.
- 3) **MCKINLEYVILLE HIGH SCHOOL** 1300 Murray Road, in the library. "Mural Design Art," sketches by students. "Unique Portraits," photographs by students. There will be "make-and-take" art projects for all ages, an open ceramics lab, refreshments and music.



SQUINT AND MARVEL AT THE TINY INTERIORS BY THE REDWOOD SMALL WORLD MINIATURES CLUB AT EDWARD JONES.



- 4) **MCKINLEYVILLE FAMILY RESOURCE CENTER** 1450 Hiller Road. Bring your family out for special activities from 6:30-7:30 p.m. The theme for November is "Friends Giving." For children of all ages.
- 5) **BLAKE'S BOOKS** 2005 Central Ave. Mike Anderson and Leslie Anderson, nature photography.
- 6) **EDWARD JONES** 1973 Central Ave. Miniatures by the Redwood Small World Club. Joyce Jonté, watercolors. Jeffrey Schwartz, photographs.
- 7) **CHURCH OF THE JOYFUL HEALER** 1944 Central Ave. Works by the Humboldt Miniatures Club. Also open mic night hosted by poet and dynamic math professor Diane Johnson.
- 8) **HUMSPA** 1660 Central Ave., Suite. C. "Plans," Dorje Kirsten, acrylic on canvas. Also spa demos and a raffle for essential oils and spa gift certificate.
- 9) **NORCAL PETS** Miller Business Park. Brittany Villiados, animal photography.
- 10) **CURVES** Miller Business Park. Diane Slagle, acrylic folk art paintings and folk and Victorian crafts.
- 11) **GATTON'S TAXIDERM** Miller Business Park. "Call of the Wild," Reed Gatton, wildlife art including fish replicas, antler mounts, shoulder mounts, Euros and rugs. ●

Calendar 8 DAYS A WEEK continued from previous page

SPORTS

Sandlot Baseball. 1 p.m. Sandlot league that's been around for seven or eight years in Arcata — all skill levels — open invite hardball. Games are every Sunday on the field behind the CHP station in Arcata. 18-plus. Bring glove. universal_justin_2@hotmail.com. 707-497-9594.

ETC

Eureka Mindfulness Group. "Mindfulness In Relationships," Third Sunday of every month, 10 a.m.-noon. First Christian Church Eureka, 730 K St. Heal your body and mind, practice meditation with Cindee Grace. Fragrance free, please. Donations accepted. www.humboldtmusic.com/cindeegrace. 269-7044.

18 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older, with live music featuring tunes from the 1930s-'50s. \$4. 725-5323.

Swing Dance Night. 7 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Lessons followed by a dance party. \$5. www.redwoodraks.com. 845-8795.

MUSIC

Andrew Bird. 8 p.m. Van Duzer Theatre, 1 Harpst St., Arcata. Carnegie Hall and Coachella alum brings his violin and jazzy, bluesy, gypsy indie-pop to the stage, whistling as he goes. \$45, HSU student \$22. carts@humboldt.edu. 707-826-3928.

Shaggy. 7 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Reggae and dancehall. \$25 advance, \$30 door. futureproductions707@gmail.com. www.mateel.org. 923-3368.

EVENTS

International Education Week. noon. Humboldt State University, 1 Harpst St., Eureka. A week full of events, including an international fashion show, lectures, a keynote speaker and panels on studying, living and working abroad. Free. jennifer.soderfelt@humboldt.edu. humboldt.edu/iew. 826-4142.

FOOD

College of the Redwoods Farmers Market. 11:30 a.m.-5 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. See Nov. 14 listing.

Roshni Sunday Lunch. 11:30 a.m. Humboldt Area Foundation, 373 Indianola Road, Bayside. See Nov. 17 listing.

MEETINGS

Belize Field School Information. 3:30 p.m. Behavioral and Social Sciences Building Room 136, Humboldt State University, Arcata. Get information about the upcoming archaeological survey and excavation. Free. eml59@humboldt.edu. 826-4327.

Economic Development Committee. 6-8 p.m. Woodley Island Marina, 601 Startare Drive, Eureka. The Humboldt Bay Harbor, Recreation and Conservation District examines business creation. Free.

19 tuesday

LECTURE

"Medical Cannabis Quality Control in California." 5:30 p.m. Native American Forum, Humboldt State University, Arcata. Jeffrey Raber describes the toxins and contaminants in the plant supply. Free.

MUSIC

Ukulele Play and Sing Group. 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All genres of music, from "Greensleeves" to "Kansas City," "Cupid" to "El Paso." If you can carry a tune and play a stringed instrument, come party! Donations appreciated. veganlady21@yahoo.com.

EVENTS

International Education Week. 9 a.m. Humboldt State University, 1 Harpst St., Eureka. See Nov. 18 listing.

ETC

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play some cards. 444-3161.

20 wednesday

ART

Youth Street Art. 3:30 p.m. DTA Humboldt, 1063 H St., Arcata. Christopher Dmise hosts a workshop for teens ages 12-18. Learn yarn bombing, stencil art and moss graffiti. Free.

LECTURE

"Sustaining Rural Places: What Are We Sustaining?" 5:30 p.m. Native American Forum, Humboldt State University, Arcata. Dr. Erin Kelly will present as part of the Sustainable Futures series. Free. pjs26@humboldt.edu. 826-3653.

MOVIES

Science Fiction Pint and Pizza Night featuring *The Alien Factor* (1976). 6 p.m. Arcata Theatre Lounge, 1036 G St. A B-grade thriller about a monster insect, set in a tourist town. Think *Jaws*, but on land. Free with \$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

Lyle Lovett & John Hiatt. 8 p.m. Van Duzer Theatre, 1 Harpst St., Arcata. Two award-winning musicians share the stage in this intimate "songwriter-in-the-round" performance. \$75, HSU student \$35. carts@humboldt.edu. 826-3928.

EVENTS

International Education Week. 6 p.m. Humboldt State University, 1 Harpst St., Eureka. See Nov. 18 listing.

FOR KIDS

Playgroup. 10 a.m. Discovery Museum, 501 3rd St., Eureka. Playtime in the museum that provides children and families with great resources. Free. info@discovery-museum.org. discovery-museum.org. 443-9694.

MEETINGS

Dow's Prairie Grange Monthly Meeting. Third Wednesday of every month, 6 p.m. Dow's Prairie Grange, 3995 Dows Prairie Road, McKinleyville. Get involved in your community grange. dowsgrange@gmail.com. www.dowsprairiegrange.org/. 707-840-0100.

Meet-the-Agency Night. 7-8 p.m. Adoption Horizons, 10 W. Seventh St., Ste. E, Eureka. Open to anyone interested in discussing local adoption services and options. Free. 444-9909.

Senior Action Coalition General Meeting. Nancy Starck presents info about the Affordable Care Act. Third Wednesday of every month, 11:30 a.m. Jefferson Community Center, 1000 B St., Eureka. Issues of importance to the senior community presented by an independent group of volunteer activists. Brown bag lunch. Free. senioractioncoalition@gmail.com. 440-9365.

SPORTS

Hardcourt Bike Polo. 6 p.m. Highland Park, 100 Highland Ave., Eureka. Like regular polo, but with bikes on a tennis court. Bring a bike and helmet to join in. Mallets provided. Free. daryl_witmore@yahoo.com. 541-531-6671.

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Nov. 14 listing.

MUSIC

Balkan Beat Box. 9 p.m. Arcata Theatre Lounge, 1036 G St. A mediterranean-inflected, globalized electronica sound. \$22.50, \$20 advance. info@arcatatheatre.com. www.arcatatheatre.com.

THEATER

Far East. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 14 listing.

EVENTS

International Education Week. 11 a.m. Humboldt State University, 1 Harpst St., Eureka. See Nov. 18 listing.

FOR KIDS

Art for Teens. 4:30-6 p.m. Fortuna United Methodist Church, 922 N St. See Nov. 14 listing.

Young Discoverers. 10:30 a.m. Discovery Museum, 501 3rd St., Eureka. See Nov. 14 listing.

FOOD

College of the Redwoods Farmers Market. 11:30 a.m.-5 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. See Nov. 14 listing.

Taste of the Holidays. 5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Food tasting, entertainment, local wines and brews. Ages 16 and over please. \$25.

OUTDOORS

Trail Stewards Training. Third Thursday of every month, 9 a.m.-noon. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Bring water and wear work clothes. Tools and gloves are provided. Free. 444-1937.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Nov. 14 listing.

Heads Up...

Boy Scouts and Cub Scouts will be collecting canned food in various locations in McKinleyville on Nov. 16. 443-8345.

Food for People invites you to participate in this year's Hunger Fighter Challenge. 445-3166 ext. 312

Christmas tree permits are available from the Six Rivers National Forest from Nov. 13-Dec. 23. 441-3673.

Submissions for RampArt's film and photo are due Dec. 1. matt@rampartskatepark.org.

The 2014 Vagina Monologues is seeking digital copies of artwork that speak to women's issues. Due by Dec. 1. vdayhum@gmail.com.

Bakers of all ages are invited to enter their confectionery creations in the North Star Quest Camp's Cookie Cottage Contest. Entries due by Dec. 7. 442-8413.

Donate general and winter clothing and supplies at the Drive-by Drop-off on Nov. 16 at the Arcata United Methodist Church from 9 a.m. to noon. 633-6243.

The Bayside Grange wants vendors for their Hand-made/Makers' Fair held in December. 822-9998.

SCRAP Humboldt wants vendors for their Holiday Craft Bonanza. Applications are due by Nov. 22. www.scraphumboldt.org.

The Arcata Presbyterian Church is planning its annual Christmas basket distribution. Call 822-1321 to donate.

McKinleyville Parks and Recreation is accepting registration for Youth Basketball League, now through Dec. 20. Call 839-9003.

Fortuna Parks and Recreation is accepting applications for Hot Shots Basketball League through Jan. 10. 725-7620. ●

FILMLAND

Timed Out

Super powers peter out

By John J. Bennett

filmiland@northcoastjournal.com

Previews

ABOUT TIME. I like Rachel McAdams and dislike most of her movies in nearly equal measure. Not that she picks bad projects, but she tends not to stray from the very-beaten path of romantic comedy. And it is a rare rom-com indeed that satisfies my weird predilections. I harbored some hope for *About Time*, since I like time travel movies even more than I like Rachel McAdams. But it turns out the time travelling is just a crutch for an ambitious but ultimately legless rom-com rehash.

After 21 idyllic years of comfortable seaside living, Tim (Domhnall Gleeson) is informed by his dad that he, like all the men in the family, can time travel. Tim resolves, basically, to use this jaw-dropping new talent to pick up chicks (he makes it seem innocent, but I calls 'em like I sees 'em). It's rough going as the newbie learns the ropes, but eventually he meets Mary (McAdams), decides she's The One, and dedicates himself to winning her over. He uses his temporal shiftiness to learn enough about her to create a compelling web of lies to ensnare her. (The context would have us believe these are white lies in service of true love. I am probably too cynical for most love stories.)

Anyway, Tim's gambit pays off and he and Mary settle into a rich, loving life together. But life, even in this manipulated universe, refuses to bow to simplicity. Tim's little sister finds herself skewered by a bad relationship and her own self-destructiveness, and he attempts to smooth things out. Hard lesson time as our protagonist learns the distinct limitations of his genetic anomaly.

Writer/director Richard Curtis is a seasoned rom-com vet — he wrote, among many others, *Four Weddings and a Funeral*, *Notting Hill* and *Love Actually* — which is a mixed blessing. On the one hand, *About Time* is designed and assembled with distinctly above-average proficiency. On

the other hand, decades of bad romantic comedy habits must be hard to break, because this movie is reminiscent of Curtis' earlier work and the dozens of imitators it has spawned.

Still, Gleeson and McAdams muster up convincing chemistry, although I find it a stretch that Mary is supposed to be somehow plain. And there are moments scattered throughout that encapsulate the scary electricity of new love. The supporting cast, especially Bill Nighy as Dad and Tom Hollander as family friend/drunken curmudgeon Harry, create a welcoming, homey atmosphere. But *About Time* fails to capitalize on a promisingly inventive scenario, devolving by the end into a disappointingly conventional, if occasionally touching, romance. R. 123m.

THOR: THE DARK WORLD. I didn't think much of *Thor* the first time around, and I can't help the feeling that this is just more of the same.

Even summing up the plot gets convoluted quickly, but I'll try to be brief. Some ancient enemies of Asgard need some mystical dark matter called Aether to create a cataclysm that will cast all the realms of existence into darkness. Thor's (Chris Hemsworth) would-be Earth-girlfriend Jane Foster (Natalie Portman) happens to stumble across the aforementioned Aether because, of course, she does. The big guy flies down to Earth to help her out, then does some dimension hopping, then returns to Earth for a climactic battle.

The plot, while needlessly complicated, is somehow also painfully underdeveloped. Characters pop up without preamble, and then disappear. Things are constantly happening on screen, but none of those things feels like a story. Visual effects and set pieces are deployed rampantly, but they can't conceal the dearth of viable ideas that ankles the movie from the get-go.

I like the winking humor Hemsworth

continued on next page ►

MOVIES

Nov. 15 - Nov. 20

Fri Nov 15 - Classic 70's Horror Shockfest
Doors at 7:30 p.m. \$5. Rated R.

Sun Nov 17 - TEDxYouth@HumboldtBay
Doors at 11 a.m. \$50/\$10 for 25 yrs & under. All ages.

Mon Nov 18 - Monday Night Football
Doors at 5:30 Free. All ages.

Wed Nov 20 - Sci Fi Night ft. The Alien Factor (1976)
Doors at 6 p.m. Free. All ages.

NOW PLAYING

Arcata Theatre Lounge

arcatatheatre.com • 822-1220 • 1036 G St.

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

About Time	Fri-Wed: (12:10, 3:10), 6:05, 9:05;
The Best Man Holiday	Fri-Thu: (12:25, 3:20), 6:15, 9:10
Captain Phillips	Fri-Thu: (2), 5:15, 8:20
Carrie	Fri-Wed: 5:05, 9:40
Cloudy With a Chance of Meatballs 2	Fri-Wed: (1:45, 4:10)
The Counselor	Fri-Wed: 6:30, 9
Ender's Game	Fri-Thu: (12:05, 2:55), 5:45, 8:40
Free Birds	Fri-Wed: (12:10, 1:05, 3:35), 5:50, 8:10;
Fruitvale Station	Fri-Wed: (2:50), 7:30
Gravity	Fri-Thu: (12)
Gravity 3D	Fri-Thu: (2:15, 4:40), 7, 9:20
Jackass Presents: Bad Grandpa	Fri-Wed: (2:20, 4:55), 7:15, 9:35;
Last Vegas	Fri-Thu: (12:55, 3:45), 6:20, 8:55
Thor: The Dark World	Fri-Thu: (1:10, 3:05, 4), 6:45, 8:45, 9:30
Thor: The Dark World 3D	Fri-Thu: (12:15), 5:55

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-2222

Captain Phillips	Fri-Sun: (2:15), 5:20, 8:25; Mon-Thu: 5:20, 8:25
Ender's Game	Fri-Sun: (12:40, 3:35), 6:20, 9:10;
	Mon-Thu: (3:35), 6:20, 9:10
Free Birds	Fri-Sun: (12, 12:50, 3:10), 7:50; Mon-Wed: (3:10), 7:50;
Free Birds 3D	Fri-Thu: (4:45)
Gravity	Fri-Thu: 5:30
Gravity 3D	Fri-Sun: (12:15, 2:30), 7:05, 9:20; Mon-Thu: 7:05, 9:20
Jackass Presents: Bad Grandpa	Fri-Sun: (12:10, 2:30, 4:50), 7:10, 9:30; Mon-Wed: (4:50), 7:10, 9:30
Last Vegas	Fri-Sun: (12:55, 3:30), 6, 8:40; Mon-Thu: (3:30), 6, 8:40
Thor: The Dark World	Fri-Sun: (12:30, 3:20), 6:10, 9;
	Mon-Thu: (3:20), 6:10, 9
Thor: The Dark World 3D	Fri-Sun: (12, 2:50), 5:40, 8:30;
	Mon-Thu: (2:50), 5:40, 8:30

Minor Theatre

1001 H St., Arcata, (707) 822-3456

12 Years a Slave	Fri: (3), 6, 9; Sat-Sun: (12, 3), 6, 9;
	Mon-Thu: (3), 6, 9
Gravity	Fri: (4:55), 7:15, 9:30; Sat-Sun: (2:40, 4:55), 7:15, 9:30;
	Mon-Wed: (4:55), 7:15, 9:30
Thor: The Dark World	Fri: (3:50), 6:30, 9:15;
	Sat-Sun: (1:10, 3:50), 6:30, 9:15; Mon-Wed: (3:50), 6:30, 9:15;

Fortuna Theatre

1241 Main St., (707) 725-2121

Ender's Game	Fri: (3:50), 6:50, 9:35; Sat: (1:10, 3:50), 6:50, 9:35;
	Sun: (1:10, 3:50), 6:50; Mon-Thu: (3:50), 6:50
Free Birds	Fri: (4:45), 7:05, 9:25; Sat: (12:10, 2:30, 4:45), 7:05, 9:25;
	Sun: (12:10, 2:30, 4:45), 7:05; Mon-Thu: (4:45), 7:05
Jackass Presents: Bad Grandpa	Fri: (4:55), 7:20, 9:50; Sat: (12, 2:20, 4:55), 7:20, 9:50;
	Sun: (12, 2:20, 4:55), 7:20; Mon-Thu: (4:55), 7:20
Last Vegas	Fri: (4:30), 7:10, 9:40; Sat: (1, 4:30), 7:10, 9:40;
	Sun: (1, 4:30), 7:10; Mon-Thu: (4:30), 7:10
Thor: The Dark World	Fri: (4), 7, 9:45; Sat: (1, 4), 7, 9:45;
	Sun: (1, 4), 7; Mon-Thu: (4), 7
Thor: The Dark World 3D	Fri: (5:40), 8:30;
	Sat: (12, 2:50, 5:40), 8:30; Sun: (12, 2:50, 5:40); Mon-Thu: (5:40)

Garberville Theatre

766 Redwood Drive, (707) 923-3580

Cloudy With a Chance of Meatballs 2	Fri: 7:30; Sat-Sun: 4, 7:30;
	Mon: 7:30; Wed: 6:30; Thu: 7:30

brings to the title character, and Tom Hiddleston's Loki is always entertaining. Likewise Kat Dennings as Jane's assistant. Beyond that, I can't find much to recommend *Dark World*. Maybe it's the awkward mix of Norse mythology in a contemporary setting, or the implausible love story. Whatever the reason, this one just isn't as smart as it thinks it is, or as fun as it needs to be. PG13. 112m.

—John J. Bennett

Preview

BEST MAN HOLIDAY. Attractive college pals and their attractive spouses catch up at Christmas and make rom-com drama. With Terrence Howard and Nia Long. R. 124m.

12 YEARS A SLAVE. Chiwetel Ejiofor is a free-born American sold into slavery in this period piece based on a true story. With a sinister Michael Fassbender. R. 134m.

Continuing

BAD GRANDPA. *Jackass* ringleader Johnny Knoxville entertains as an old guy hitting the road (and everything else) with his grandkid. R. 92m.

CAPTAIN PHILLIPS. Tom Hanks is beset by Somali pirates in a charged and riveting drama. PG13. 134m.

CARRIE. Prom prank goes awry in an uninspired remake. Fine work by Chloe Grace Moretz and Julianne Moore as the mother and daughter with issues. R. 99m.

CLOUDY WITH A CHANCE OF MEATBALLS 2. The 3-D sequel goes a little Dr. Moreau when food creatures populate an island and hero Flint (Bill Hader) has to stop them. PG. 95m.

THE COUNSELOR. A strong cast, great writer and fine director, but this tale of a lawyer's big drug deal gone wrong still feels dull. R. 117m.

ENDER'S GAME. Young genius Ender (Asa Butterfield) is tapped by the military elite to save the planet from alien bugs in this entertaining adaptation of the cult novel. PG13. 114m.

FREE BIRDS. Owen Wilson and Woody Harrelson voice animated time-traveling turkeys off to change Thanksgiving's main course. Yes, you just read that. PG. 91m.

FRUITVALE STATION. Michael B. Jordan's fine performance and Ryan Coogler's writing and direction cut through the rhetoric for a humanist dramatization of the final day of Oscar Grant III, who was killed by police in an Oakland BART station. R. 85m.

GRAVITY. Sandra Bullock and George Clooney are adrift in space. It's the best of sci-fi with a real human story. PG13. 90m.

LAST VEGAS. *The Bucket List* meets *The Hangover* with Hollywood's senior chairmen, Michael Douglas, Morgan Freeman, Robert De Niro and Kevin Kline, in a film that doesn't deserve them. PG 105m.

—Jennifer Fumiko Cahill ●

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require pre-registration.

Communication

STORY OF FORGIVENESS SHOWN AT LIFETREE CAFÉ. The story of Louis Barrios, who publicly forgave his mother's murderer, will be explored at Lifetree Café on Sun. Nov. 17, 7 p.m. The Lifetree experience will also offer help for anyone dealing with forgiveness issues. Admission to the 60-minute event is free. Snacks and beverages are available. Lifetree Café is located on the corner of Union and 13th St., Arcata at Campbell Creek Connexion.. Lifetree Café is a place where people gather for conversations about life and faith in a casual coffeehouse-type setting. Questions about Lifetree may be directed to Bob (707) 672-2919 or bobdipert@hotmail.com or campbellcreekconnexion@gmail.com. (CMM-1114)

STRESS MANAGEMENT. Mon. & Tues., Nov. 25 & 26, 5:30p-9:30p. Learn to manage stress. CR Community Education 525 D St. Eureka. \$45. Visit www.redwoods.edu, click on Community Education. Call 707.269.4000 to register. (CMM-1114)

Computer

INTRO TO ADOBE INDESIGN. Fast-paced, hands-on exploration of Indesign page layout software. Demonstration of tools, menus, palettes, page set-up, master pages, guides and margins, color and more. With Annie Reid. Tuesdays and Thursdays, Dec. 3-17, 6:30-9 p.m. Fee: \$135. Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (CMP-1128)

Dance/Music/Theater/Film

BEGINNING STEEL DRUM. Mon. evenings, Nov. 11-18, 7-8 p.m. and Fri. mornings, Nov 8-22, 11:30 a.m.-12:30 p.m. Fee: \$50. Pan Arts Network 1049 Samoa Blvd. (707) 407-8998. info@panartsnetwork.com (DMT-1114)

COLOMBIA. History, Geography, Culture, Cuisine & Birds. Take a photographic tour of tropical Colombia from its violent history and decades of civil unrest to the recent political changes bringing peace and prosperity back to a country now in the forefront of Latin America. With Christopher Calonje. Friday, Nov. 22, 2-6 p.m. \$45/OLLI members, \$70/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli. (O-1114)

DANCE WITH DEBBIE: BALLROOM, LATIN & SWING. Have fun learning to dance with a partner through our group or private lessons at North Coast Dance Annex: \$40/person/month. Couples & Singles welcome. Private lessons are the best way to learn at your speed. Single person = \$40/hour, Couples = \$60/hour. (707) 464-3638 debbie@dancewithdebbie.biz www.dancewithdebbie.biz (DMT-1031)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-1226)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, 616-6876. (DMT-1226)

Fitness

AIKIDO. Aikido is a beautiful, powerful, yet non-aggressive martial art that provides an effective method for developing our human potential. You will gain center, balance, coordination, flexibility, self-confidence and fluidity as well as insight into deeper meaning in your life. Beginning enrollment is ongoing for both kids and adults! Come observe anytime. The dojo entrance is off the F St. parking lot behind the Arcata Plaza. Adult class every weeknight 6 p.m.; kids Mon, Wed. 4 p.m. www.northcoastaikido.org, info@northcoastaikido.org, 826-9395. (F-1226)

DANCE-FIT. Dance, aerobics & strength training all in one class! Mon., Wed. & Fri. 9-10 a.m. First class is free. Drop in for \$5 per class or 14 classes for \$55. No Limits tap & jazz studio, corner of 10th & K st. Arcata. 825-0922. (F-1226)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-1226)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1226)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. & Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. Every Tues. & Thurs Vector Pool, Aqua Zumba 9:15 a.m. (3289 Edgewood Rd, Eureka). Every Tue. at Trinidad Town Hall 12 p.m. & every Thur. at Eureka Vets Hall 12 p.m. Marla Joy (707) 845-4307. marlajoy.zumba.com (F-1226)

PILATES: INCREASE YOUR POTENTIAL THOUGH A MINDFUL MOVEMENT. Arcata Core Pilates offers beginning-advanced group Pilates Mat, reformer, chair, TRX, as well as Private Training Sessions. Our instructors are all certified. The diversity in training and background makes a deep well for clients to draw from. Call 845-8156 or email arcatacorepilates@gmail.com, website: arcatacorepilatesstudio.com. (F-1226)

ZUMBA WITH MIMI. Dance fitness to Latin & Pop music, sure to leave you sweaty and smiling! Mon, Wed. & Fri. 9:30 a.m. at Redwood Raks World Dance Center, Old Creamery Building, Arcata. \$5 class or \$50 for 11 class pass. First class free! (F-0102)

Food & Drink

TRADING THE PALATE. Humanity, Plants & Evolving Cuisine. Join Philip Wright in exploring the origins of our most revered crops and how these plants have influenced cuisine, trade and civilization. Mondays, Nov. 18- Dec.2, 6-8 p.m. \$55/OLLI members, \$80/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli. (O-1114)

Kids & Teens

STREET ART. Develop your street art persona as we make stencil art, moss graffiti, and yarn bombings throughout Arcata. Program is free & open to youth ages 12-18 as part of Arcata Recreation's City Arts. Meet Wed's 3:30 p.m, with other activities throughout the month. call Arcata Recreation Division (707) 822-7091 or Find us on Facebook for full schedule, locations: [Facebook.com/arcatacityarts](https://www.facebook.com/arcatacityarts)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1226)

BOOK ARTS: MINIATURE BOOK OR HOLIDAY ORNAMENT. Join Michele Olsen to learn the basics of book making. This little book has a bit of everything for the book lover. Thursday, Dec. 5, 1-4 p.m. \$40/OLLI members. OLLI: 826-5880, www.humboldt.edu/olli. (O-1128)

NEPAL: THE TOUR WITHOUT THE AIRFARE. Nepal is home to fascinating people, ancient cultures, and seven of the worlds highest mountains. With Rollie Lamberson and Rick Vrem. Monday, Dec. 2, 6-8 p.m. \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli. (O-1128)

THE MUSIC MAN: Behind the Scenes in the Victorian Village. Attend the Ferndale Repertory Theatre's matinee performance and participate in a post-performance discussion with actors, director and creative team. With Brad Hills. Sunday, Dec. 1, 2-6 p.m. \$30/OLLI members, \$55/nonmembers. OLLI: 826-5880, www.humboldt.edu/olli. (O-1128)

Spiritual

ARCATA ZEN GROUP MEDITATION. Arcata & Eureka. Beginners welcome. ARCATA: Sun's 7:55 a.m. At NorthCoast Aikido on F Street (entrance in alley between 8th and 9th, upstairs). Call 826-1701 or visit arcatazengroup.org. EUREKA: Wed's 5:55 p.m., 730 K Street upstairs. Call 845-8399 or barryevans9@yahoo.com. (S1226)

continued on page 36 ►

CROSSWORD

By David Levinson Wilk

1	2	3	4	5	6	7		8	9	10		11	12	13
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ONE FOR THE TEAM

ANSWERS NEXT WEEK!

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- ACROSS
- DOWN
1. With 40- and 71-Across, perform a selfless act in sports (and this puzzle's theme)

42. Hanging loose

43. Connecticut town featured in a 1988 Julia Roberts movie

44. Admits

45. Fashion souvenir from Scotland

49. See 26-Across

50. Norse explorer Ericson

54. Setting for some wrestling

56. Golf's Crenshaw or Hogan

57. He played Nordberg in the "Naked Gun" films

60. Air safety org.

63. NFL city's isolated charged particles?

67. Rank

68. "The Barber of Seville" composer

69. A UPS driver may have one: Abbr.

70. Tolkien creature

71. See 1-Across

28. Former Ford models

29. Coppertone letters

31. Returning lover's question

33. Jack of "Barney Miller"

35. Quark-binding particle

36. ____ Crunch

37. Entr' ____

38. Fight stoppers, for short

41. He preceded GHWB

44. "The Piano" director

46. Catch

48. "You ____!" ("No!")

50. Kurt who broke the news on MTV that Kurt Cobain had died

51. DVD button

52. "This ____ life!"

53. Axe

55. Green piece?: Abbr.

58. Spy

59. Thornton in the International Swimming Hall of Fame

60. Liver at the Louvre

61. Model ____ Nicole Smith

62. "____ sure you've heard ..."

64. Japanese dramatic form

65. Portland-to-Boise dir.

66. Believer's suffix

LAST WEEK'S ANSWERS NO WOMAN

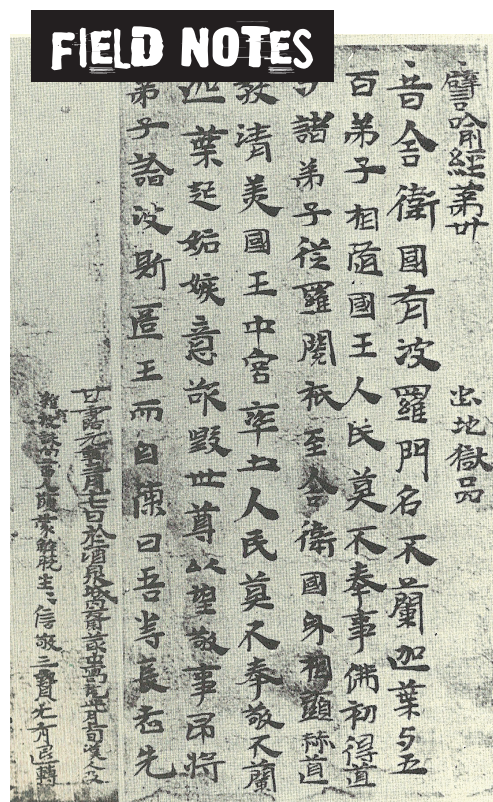
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	9				5	1		
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				6			9	2
					4	6		
6						5		7



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Pixels or Paper?

By Barry Evans

fieldnotes@northcoastjournal.com

An article in the Nov. 2013 issue of *Scientific American* magazine confirms what most of us already know: We prefer reading words on paper to the screens of e-readers (Kindles, Nooks, etc.) and tablets (iPads, Galaxys, etc.). More than 100 comparative studies over the past 20 years in the U.S., U.K., Taiwan, Sweden, Norway, France and Japan consistently show that readers (1) prefer real paper over its electronic counterpart, and (2) achieve higher levels of comprehension and retention with paper. Many reasons are given, including:

Mental map. When reading a real book, most readers form a mental image of where content is on the page, and can flip back to what they've already read with ease, even though they don't know the page number (it's truer of non-fiction than fiction). This isn't the case with electronic versions.

Topography. A book quietly advertises its length, telling the reader how much has been read and how much remains, whereas in e-book form, *Anna Karenina* and *The Garden of Forking Paths* look and feel the same despite one being about 100 times longer. Progress bars at the bottom of electronic screens try to address this, but the information is less intuitive than actually seeing and feeling the pages read and pages remaining.

Lighting. Most readers find reading by reflected light, as in the case of a paper book, easier on the eyes than viewing backlit text.

Sensory cues. When reading e-books, people miss the tactile and other sense benefits provided by traditional books: We register the thickness and feel of the paper, the sound of a page turning, the

hard or soft cover, the smell. Every book is unique, giving the reader the opportunity to become intimate with it.

Distractions. Instead of calling attention to itself, paper just sits there passively, so readers can focus on the text and absorb the content more completely than with an e-book or tablet. This is especially true of magazines and newspapers, whose electronic versions teem with potential distractions: interactive graphics, video interviews, live links to related articles, reader discussions and searchable text, not to mention easy, seductive access to email, Facebook and the like.

None of which addresses the issue of convenience, of course. I travel a lot, and the older I get, the lighter I go. On a recent seven-week trip, I carried just 15 pounds of stuff. There was no place for physical books at that minimalist weight level, but I probably had 50 virtual books with me, not to mention magazines, articles, video courses, photos and music on my iPad (including *Scientific American*).

In this country, e-books currently make up nearly 20 percent of the total trade book sales. The question now is whether young people "raised" on electronic screens will push that percentage ever higher — or will they, like most of us old-timers, instinctively turn to paper when they find a book they love or an article they really want to understand. Paper, which has been around for nearly 2,000 years, seems to be in no danger of disappearing just yet. ●

Barry Evans (barryevans9@yahoo.com) appreciates the marital harmony achieved by reading his (backlit) iPad in bed without switching the light on.

BHAGAVAD GITA WORKSHOP. At Om Shala Yoga. With Daruka Das. Sunday, November 17, 10:30-12 & 1-3pm. Considered among the most important and sacred texts of Hindu thought and Yoga Philosophy. \$25. 858 10th St., Arcata. 825-YOGA (9642), www.omshalayoga.com (S-1114)

KDK ARCATA BUDDHIST GROUP. Under the direction of Lama Lodru Rinpoche. We practice Tibetan meditation, followed by discussion. All are welcome. For more info contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com. Sun's 6 p.m., Community Yoga Center 890 G St, Arcata. Our webpage is www.kdkarcatagroup.org (S-1226)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-1226)

Sports & Recreation

ROLLER SKATING. ROLLER SKATING. Blue Lake Parks & Recreation, Fri./Sat. 6:30-9:30 p.m., Sun. 2-5 p.m. Pajama Theme Skate: Fri. Nov. 29. Dress in your favorite pjs and receive \$1 discount! Punk Adult Skate: Sun. Nov. 10, 6:30-9:30 p.m. Dress in Punk Rock attire and receive \$1 discount! Planning a party? Call 668-5932 for info. Like us on Facebook at "Blue Lake Roller Rink"! (SR-1226)

Therapy & Support

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon.s 6:30 p.m.-7:45 p.m., at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-1226)

FREE GAMBLING TREATMENT. Call (707) 496-2856 Shawna Bell, LMFT, MFC #47122 www.norcalrecoveryservices.com (TS-1226)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS ? Confidential help is available. 825-0920 or 845-8973, saahumboldt@yahoo.com or (TS-1226)

Vocational

BEST PRACTICES IN MANAGEMENT: READING PEOPLE ACCURATELY. Increase your ability to recognize people's true feelings from their tone, facial expressions and body language. With Janet Ruprecht. Fri., Dec. 6, 8:30 a.m.-12:30 p.m. Fee: 95 (includes materials). Call HSU College of eLearning and Extended Education to register: 826-3731 or visit www.humboldt.edu/extended (V-1128)

NOTARY TRAINING. This one-day seminar for new and renewing notaries provides the practical training needed to pass the comprehensive exam required for all California Notaries. Mon., Nov. 25, 8:30 a.m.-4 p.m. Fee: \$149 plus additional for live scan, photo and exam. Pre-registration required. Call HSU College of eLearning & Extended Education to register: 826-3731 or visit www.humboldt.edu/extended/notary (V-1114)

Wellness & Bodywork

ESSENTIAL ELEMENTS PRESENTS COMPLIMENTARY EDUCATIONAL CLASSES. Every Weds. 5:30 p.m. Nov. 20: doTERRA Essential Oil Series with Alicia Hashem. Nov. 27: Spa CLOSED in evening for Thanksgiving prep. Dec. 4: Holistic Health Night-Wellness Team. Dec. 11: Daily Skin Regimen-Delaney Johnson 1639 Central Ave., Ste. A, McKinleyville. (707) 839-7772. For more information visit us at www.essentialelementsspa.com (W-1114)

ESSENTIAL ELEMENTS WELLNESS CLASSES: YOGA & PILATES. Mon.-Fri. 9:30 a.m. & 5:30 p.m. Please see our website for our regular schedule. All classes include community use of our sauna 30 minutes prior to class. \$15 drop-in and discounted passes, with no expiration. 15% discount for Students and Seniors. 1639 Central Ave., Ste. A. McKinleyville. (707) 839-7772. For more info. on services and classes visit www.essentialelementsspa.com or email info@essentialelementsspa.com. (W-1128)

FALL ROLFING SPECIALS. With Lee Tuley, Certified Rolfer -10 series includes one free session. ALSO call now for free body analysis consultation. (541) 251-1885 (W-1226)

INTERNATIONAL RESTORATIVE YOGA DAY CELEBRATION. At Om Shala Yoga. With Jodie DiMinno. Sat., Nov. 16, 4-6 p.m. Join us for the Stress-Less Fest! All body sizes! All levels of fitness! All are welcome! Fee: \$20. 858 10th St., Arcata. 825-YOGA (9642) www.omshalayoga.com (W-1114)

INTRODUCTION TO AYURVEDA. At Om Shala Yoga. With Amy Aiello. Sat., Nov. 16. 1-3 p.m. Learn Ayurvedic tools to create balance while honoring your individual makeup. Fee: \$20 if paid by Nov. 9, \$25 after. 858 10th St., Arcata. 825-YOGA (9642) www.omshalayoga.com (W-1114)

NORTHWEST INSTITUTE OF AYURVEDA. Learn: Nutrition, Herbs, Yoga, Self-Care, Colors, Spiritual Philosophy, Vedic Chants, Meditation, Aromatherapy, Traditional Diagnostics, Massage. 3-week "Introduction to Ayurveda", Jan. 14-18, Fee: \$108, at Moonrise Herbs. "Ayurvedic Self-Care & Cooking Immersion" Feb. 14-16 &/or Feb. 28-March 2. 10-Month "Ayurvedic Wellness Program" starts March 14. Part 1 of 3-Part Ayurvedic Practitioner Program (includes 10-Month Ayurvedic Herbalist Program & Clinical Internship). 1 weekend/month. Prerequisite: 1 of above classes. (707) 601-9025, www.ayurvedicliving.com. (W-0109)

START YOUR CAREER IN MASSAGE THERAPY. Daytime classes begin January 2014 at Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit arcatamassage.com (W-0102)

legal NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF VICKIE PORTER CASE NO. PRI30328

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of VICKIE PORTER, VICKIE LYNN PORTER, VICKIE L. PORTER A PETITION FOR PROBATE has been filed by AMANDA JAROSE in the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that AMANDA JAROSE be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration

authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on December 19, 2013 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the dece-

NOTICE OF TRUSTEE'S SALE

T.S NO: 2013F001 Loan No. 0713

A California Civil Code 2923.5 (b) declaration is attached hereto and incorporated herein by reference.

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/22/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER

A Public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time if the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **Ana E. De Ocampo, a single women,**

Duly Appointed Trustee: **Professional Trust Deed Services**

Recorded **6/14/2006** as Instrument No. **2006-17289-5** in book---, page--- of Official Records in the office of the Recorder of **Humboldt** County, California,

Date of Sale: **12/5/2013 at 10:00 AM**, Place of Sale: **In the Main lobby of Ming Tree Realtors, 509 J Street, Suite #1, Eureka, CA. 95501**

Amount of unpaid balance and other charges: **\$72,304.29**

Street Address of other common designation of real property: **14 Rich Circle, Whitethorn, CA. 95589-8932, A.P.N.: 109-301-004-000**

The unsigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any shown above. If no street address or other common designation is shown is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of SALE.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at the trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the high bidder at the auction, you are or may be responsible for paying off all liens senior to the being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court pursuant to Section 2924g of the California Civil Code. The law requires the information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call or visit this Internet Web site, using the file number assigned to this case 2013F011. Information about postponement that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web Site. The best way to verify postponement information is to attend the scheduled sale.

Dates 11//7/2013
Professional Trust Deed Services
PO Box 115
Eureka, California 95502
Sales Line: (707) 268-1205
/s/ Karen Mesa, Agent

11/14, 11/21, 11/28/2013 (13-295)

SUBMIT
your

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EVENTS**

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northcoastjournal.com

OR BY

E-MAIL
calendar@northcoastjournal.com

PRINT DEADLINE: Noon Thursday,
the week before publication

dent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
KELLY M. WALSH, CSB# 159155
MATHEWS, KLUCK, WALSH & WYKLE, LLP
100 M STREET
EUREKA, CA 95501
(707) 442-3758
November 8, 2013
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

11/14, 11/21, 11/28/2013 (13-297)

NOTICE OF PETITION TO ADMINISTER ESTATE OF RAYMOND C. PARTEE CASE NO. PR1303224

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of RAYMOND C. PARTEE

A PETITION FOR PROBATE has been filed by JASON PARTEE in the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that JASON PARTEE be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection

to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on December 5, 2013 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: Probate room 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
DONALD BICKNELL CSB # 83266
732 5TH STREET
EUREKA, CA 95501
(707) 443-0878
November 4, 2013
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT
11/7, 11/14, 11/21/2013 (13-293)

NOTICE OF PETITION TO ADMINISTER ESTATE OF VIOLA JOYCE THRASHER CASE NO. PR1303227

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of VIOLA JOYCE THRASHER, VIOLA J. THRASHER

A PETITION FOR PROBATE has been filed by WILLIAM EINMAN in the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that WILLIAM EINMAN be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on December 19, 2013 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a

contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
TIMOTHY J. WYKLE CSB# 216943
MATHEWS, KLUCK, WALSH & WYKLE, LLP
100 M STREET
EUREKA, CA 95501
(707) 442-3758
November 7, 2013
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

11/14, 11/21, 11/28/2013 (13-296)

**SUMMONS
CASE NUMBER: DR130364
NOTICE TO DEFENDANT:
CHARLES "CLIFF" WILLIAMS,
CHARLES "MARC" WILLIAM,
CAROL BYMASTER, EACH INDIVIDUALLY AND DBA C&C**

FINANCIAL SERVICE

YOU ARE BEING SUED BY PLAINTIFF:

ANNE ANDERSON

Notice! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/self-help), or by contacting your local court or county bar association.

NOTE: The court has a statutory lien for waived fees and cost on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

HUMBOLDT COUNTY SUPERIOR COURT
825 5TH STREET
EUREKA, CA 95501
ATTORNEY FOR PLAINTIFF
KELLY M. WALSH, SBN: 159155
MATHEWS, KLUCK, WALSH & WYKLE, LLP
100 M ST.
EUREKA, CA 95501
(707) 442-3758
Dated: June 11, 2013
Clerk, by Kerri L. Keenan, Deputy
NOTICE TO THE PERSON SERVED:
You are served as an individual defendant
Filed: June 11, 2013
Superior Court of California,
County of Humboldt

11/14, 11/21, 11/28, 12/5/2013 (13-294)

FICTITIOUS BUSINESS NAME STATEMENT 13-00573

The following person is doing Business as **NURTURING ROOTS FAMILY CHILD CARE** at 1740 Stewart Ave., Arcata, CA. 95521
Kellie Anne Farrell
1740 Stewart Ave.
Arcata, CA. 95521
The business is conducted by An Individual
The registrant commenced to transact business under the fictitious business name listed above on 10/20/2013
/s/ Kellie Farrell
This statement was filed with the County Clerk of Humboldt County on Oct. 22, 2013
CAROLYN CRNICH
Humboldt County Clerk

10/31, 11/7, 11/14, 11/21/2013 (13-287)

RESTAURANTS, MUSIC, EVENTS,
MOVIE TIMES, ARTS LISTINGS, BLOGS

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go, right on your
phone.



Holiday Gift Guide

2013

Help local shoppers find your product or service — they're the items that people really want!

The *Journal's* Holiday Gift Guide runs five weeks, starting on Nov. 21.

Contact a Sales Representative for details.

**Mike Herring
Kim Hodges
Colleen Hole
Shane Mizer
442-1400**

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legal NOTICES

FICTITIOUS BUSINESS NAME STATEMENT 13-00574

The following person is doing Business as **LOST COAST WIZARDS** at 445 I St., Unit A, Arcata, CA. 95521, 245 First Ave., Rio Dell, CA. 95562
Jesse Lee Williams
245 First Ave.
Rio Dell, CA. 95562
 The business is conducted by An Individual
 The registrant commenced to transact business under the fictitious business name listed above on 10/20/2013
 /s/ Jesse Williams
 This statement was filed with the County Clerk of Humboldt County on Oct. 22, 2013
 CAROLYN CRNICH
 Humboldt County Clerk

10/31, 11/7, 11/14, 11/21/2013 (13-286)

FICTITIOUS BUSINESS NAME STATEMENT 13-00580

The following person is doing business as **PATCHWORK GLASSWORKS** at 136 W Wabash Ave., Eureka, CA 95501.
Alyssa Anne Bowers
1651 Pine St.
Eureka, CA 95501
 The business is conducted by An Individual.
 The registrant commenced to transact business under the fictitious business name listed above on n/a.
 /s/ Alyssa Anne Bowers
 This statement was filed with the County Clerk of Humboldt County on October 25, 2013.
 CAROLYN CRNICH
 Humboldt County Clerk

10/31, 11/7, 11/14, 11/21/2013 (13-289)

FICTITIOUS BUSINESS NAME STATEMENT R13-00570

The following person is doing Business as **REDWOOD HEMP** at 1188 Fickle Hill Rd. Apt. A, Arcata, CA. 95521
Anna Catherine Owen
1188 Fickle Hill Rd., Apt. A
Arcata, CA. 95521
 The business is conducted by An Individual
 The registrant commenced to transact business under the fictitious business name listed above on n/a
 /s/ Anna C. Owen
 This statement was filed with the County Clerk of Humboldt County on Oct. 17, 2013
 CAROLYN CRNICH
 Humboldt County Clerk

11/7, 11/14, 11/21, 11/28/2013 (13-292)

FICTITIOUS BUSINESS NAME STATEMENT 13-00592

The following person is doing Business as **CXYXTE** at 3152 Alice Ave., Arcata, CA. 95521
Rodney Christopher Hitchcock
3152 Alice Ave.
Arcata, CA. 95521
 The business is conducted by An Individual
 The registrant commenced to transact business under the fictitious business name listed above on n/a
 /s/ Rodney Christopher Hitchcock
 This statement was filed with the County Clerk of Humboldt County on Oct. 30, 2013
 CAROLYN CRNICH
 Humboldt County Clerk

11/7, 11/14, 11/21, 11/28/2013 (13-291)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME ABBEY MCDONALD CASE NO. CV130616 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET EUREKA, CA 95501

PETITION OF:
 ABBEY MCDONALD FOR CHANGE OF NAME
 TO ALL INTERESTED PERSONS:
 Petitioner: ABBEY MCDONALD for a decree changing names as follows:
 Present name
 ABBEY MCDONALD
 to Proposed Name
 ABBEY BLACK
 THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause, why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
 NOTICE OF HEARING
 Date: December 2, 2013
 Time: 1:45 p.m.
 The address of the court is:
 825 5th Street, Eureka, CA. Room: 8
 Date: October 3, 2013
 Filed: October 4, 2013
 /s/ W. Bruce Watson
 Judge of the Superior Court

10/24, 10/31, 11/7, 11/14/2013 (13-282)

classified EMPLOYMENT

Announcements

SHOPPING SPECTACULAR HOLIDAY MARKET

DATE: Saturday November 16, 2013
TIME: 10:00am-4:00pm
WHERE: Campbell Creek Connexion
76 13th St Arcata

Great crafts, gifts, goodies and so much more!

Fundraiser For Missions Trip To Trinidad & Tobago March 2014 For Construction Project.

Opportunities



Express
EMPLOYMENT PROFESSIONALS

14 W. Wabash Ave.
Eureka, CA 268-1866
eurekaca.expresspros.com

Senior Staff Accountant ▪ Bank Loan Officer
Copier Repair ▪ Laborers (15 needed!)
Payroll Clerk ▪ Medical Biller ▪ Grocery Bagger
Plumber ▪ Electrician ▪ Concrete Finisher
Admin Assistant ▪ Line Cook ▪ Caregiver



NORTH COAST CO-OP

I.T. Technician

Assist the IT Manager. Plan and manage projects, provide support to staff, update documentation and procedures, evaluate and test new software, hardware and network technologies. \$14.27-\$20.70 per hr, excellent benefits package.

Job description and application at
www.northcoastco-op.com

You can forward your resume and application to
hr@northcoastco-op.com.



NORTH COAST CO-OP

Bakery Production Manager

The CO-OP is seeking an experienced Bakery Production Manager to ensure the highest level of service possible to North Coast CO-OP's internal and external customers. This position supervises bakery production operations, including the supervision of ten to twelve staff members. The Production Manager also assists and participates in the presentation, sale and inventory of bakery products at the production level, and provides product for retail areas of both the Arcata and Eureka store. Applicants must have experience in meeting objectives related to sales, margin and labor.

We offer a full benefit package including PTO, health, dental and life insurance packages, a 401K with paid match, and many other perks.

Please see the full job description at
www.northcoastco-op.com.

You can forward your resume and application to
hr@northcoastco-op.com.

Opportunities

AIRLINE CAREERS. BEGIN HERE.
 Get trained as FAA certified Aviation Technician. Housing and Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 877-492-3059 (AAN CAN) (E-1114)

CAREGIVER NEEDED.
 Must be reliable, and work 4-5 days per. week, Mon- Fri. Light cleaning, prepare 1-2 meals daily. Must be IHSS Certified. Ref's. Required. (707) 822-3186 (E-1114)

CITY OF FORTUNA CONFERENCE CENTER WORKER (PT) \$8.00 - \$10.41 PER HR.
 Part-time, or on-call position. Work may include nights and weekends and involves a wide variety of duties including moderate to heavy physical labor, assisting kitchen user groups and general cleaning. Full job description and required application available at 621 11th Street, Fortuna, or friendlyfortuna.com. Open until filled. (E-1128)



EMPLOYMENT OPPORTUNITIES
CHER-AE HEIGHTS CASINO

PART-TIME POSITIONS
 Janitor #2
 Gift Shop
 Cage Cashier #2
 Security Officer
 Crown Club
 Slot Attendant

FULL-TIME POSITIONS
 Count Team
 Kitchen Janitor

Cher-Ae Heights Indian Community of the Trinidad Rancheria
 Employments Applications available in Human Resources/Seascape/Cher-Ae Heights Casino or our website at www.cheraeheightscasino.com
 Cher-Ae Heights is an alcohol and drug free workplace with required testing.



Area 1 Agency on Aging
Promoting Independence for a Lifetime

Area 1 Agency on Aging - Eureka Office
Information and Assistance Resource Specialist

This 17.5 hours/week position is responsible for providing information, referral, advocacy and other A1AA services to older adults and caregivers.

For a job description and application, visit www.a1aa.org online, or the A1AA office at 434 7th Street, Eureka, CA 95501.
 For information, call Jeanie Ren at 442-3763, Ext. 209.
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Final filing date: December 5, 2013.

Application materials available at Humboldt County Human Resources, 825 5th Street, Room 100, Eureka, CA or apply on-line at www.co.humboldt.ca.us/jobs. AA/EOE

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Implement outreach activities to recruit prospective families for all NCS programs. **Bilingual Spanish Required.** F/T (year round); \$13.83-\$15.50/hr. Includes benefits.

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Submit application, resume & cover letter to:
Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

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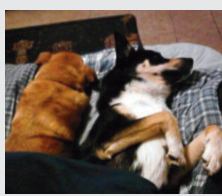
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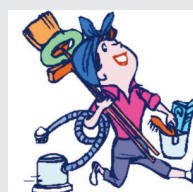
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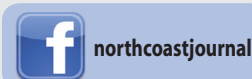


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Chemise Mountain Retreat, a perfect natural environment for your wedding or event. King Range. Easily accessible. Solar powered, handicap friendly, new lodge. Information 986-7794, chemisemountainretreat.com

Comm. Space for Rent

EUREKA DOWNTOWN OFFICE SPACE. Available at 7th & I Streets in Eureka. 650 sf. New paint and carpet. Great location. Parking & janitorial included. Call S & W Properties, (707) 499-6906. (R-1128)

PARKING SPACES FOR RENT IN DOWNTOWN EUREKA LOT. S & W Properties. \$40 per month per space. Call 443-2246, 499-6906. (R-1128)



S&W PROPERTIES LLC. 2,740 sq ft building. Has been used as a charter school. 433 M Street downtown Eureka. (707) 443-2246 for details. (R-1128)

Comm. Prop. For Sale

MIKKIMOVES
REAL ESTATE

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Visit us during Arts Alive!
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Eureka large 2 story home. 3 bedrooms and 2 full baths, 2100 sq. foot home. French doors, hardwood floors and original features. \$249,000
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"Making Real Estate Dreams a Reality."



In the Airport Business Park, close to Highway 101, Arcata Airport and the Holiday Inn Express/Suites. Plans completed for mixed use commercial/residential building. For more details, call for price. Cell: (707) 498-4429



COMMERCIAL LOT ready to build

Housing/Properties

Arcata, Eureka and rural properties throughout Humboldt County

■ MCKINLEYVILLE

FABULOUS VIEW OF TRINIDAD HEAD and the ocean from this all-redwood older home with vaulted ceilings, 3 bedrooms, 2 baths and approximately 1400 sqft. Great deck to enjoy the sunsets from this one-owner home. The large parcel includes a potting shed and lovely landscaped area. Besides the attached single garage, there is a 600 sqft detached RV/shop building. This is a very special property! MLS#238747 \$525,000



MING TREE REAL ESTATE
www.mingtreerealty.com

Sylvia Garlick #00814886 • Broker GRI/Owner
1629 Central Ave. • McKinleyville • 707-839-1521
mingtreesylvia@yahoo.com



■ ARCATA

SANDPIPER PARK - NEW HOMES \$59,900

New homes are available at Sandpiper Park, Arcata's newest affordable housing community. Located at 115 G Street in Arcata, for only \$59,900. Nonprofit ROP owned and managed with financial assistance available to qualified applicants from the City of Arcata. These one bedroom homes are ideal for single and double occupancy. Open Houses daily Monday - Friday 1-5 p.m., Saturdays - Sundays from 11 a.m. - 5 p.m.

For more information call toll free 800-655-6600
or visit our website at www.residentownedparks.com



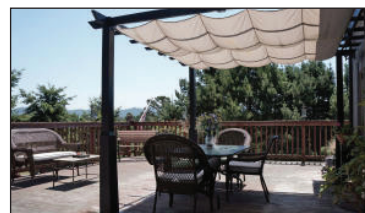
■ ARCATA

LOCATION, LOCATION, LOCATION. Check out this remodeled 3 bed/2.5 ba home on a quite cul-de-sac in great Arcata neighborhood with your own redwood forest. The upgrades are too many to list. Just a few include carpet, paint, bathrooms, landscaping, windows, deck and so much more. Huge room downstairs with bar and woodstove. Great for a media room or entertaining. Off the oversized garage you will find a huge Workshop/Artist Studio with storage galore! This house has something for everyone, and all within walking distance to HSU. \$439,000. Call Jeff Munther 407-6764. Lic. #1817201 Benchmark Realty Group.



2850 E St., Eureka
(Henderson Center),
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2355 Central Ave.,
McKinleyville
707 **839-9093**

COMMUNITY REALTY
www.communityrealty.net



\$388,645

3 bed, 2.5 bath, 2,204 sq ft wonderful home in Hydesville on large lot, nice views, large fruit trees, RV parking for more than one vehicle, double garages, one with 10' door, hot tub.



\$329,900

3 bed, 2 bath, 1,633 sq ft Rio Dell home on large treed lot with gorgeous views of the bluffs easy walk to the river, very custom built, tons of amenities, large Wolff range in kitchen, 900'+ garage.



\$295,000

3 bed, 1 bath, 1,044 sq ft comfortable Westhaven home, upgraded with new perimeter foundation, wiring, plumbing, water heater, sheetrock, siding, roof, has a flagstone rock hearth.



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KNEELAND LAND/PROPERTY

5 beautiful parcels located in Showers Pass. Combination of +/-50, 90, & 150 acres featuring deeded access, timber, developed roads, and cleared building sites. All properties have year round water with some including Mad River frontage. Elevations ranging from approximately 2,000 feet to 3,400 feet.

\$175,000-\$350,000



NEW LISTING!



RIO DELL LAND/PROPERTY

+/-34 Acre parcel only 1 mile west of Rio Dell, just southeast of the historic town of Ferndale. This site has an attractive view of the Eel River, paved road frontage on Blue Slide Road, easy access to HWY 101, conifer trees and inspiring views, plus Slater Creek runs through the parcel. COC is on file - Get Your Building Permit NOW! Parcel could be annexed into the City of Rio Dell for possible sub-divides. Building sites, river and panoramic views with convenient access, as well as its close proximity to city limits make this an amazing bargain!

\$215,000

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